US HARBORS www.USHarbors.com

North Highlands Beach, NJ - May 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:50	4.7	11:00	5.9	4:49	0.3	4:41	0.3	6:01	7:52	
2	Sun	11:28	4.6	11:39	5.8	5:26	0.3	5:19	0.4	5:59	7:53	
3	Mon			12:09	4.5	6:06	0.4	6:01	0.5	5:58	7:54	
4	Tue	12:20	5.7	12:53	4.5	6:51	0.5	6:49	0.6	5:57	7:55	
5	Wed	1:06	5.6	1:41	4.5	7:40	0.6	7:42	0.7	5:56	7:56	
6	Thu	1:55	5.5	2:36	4.6	8:31	0.5	8:41	0.7	5:55	7:57	
7	Fri	2:51	5.4	3:36	4.8	9:26	0.5	9:43	0.6	5:54	7:58	
8	Sat	3:54	5.3	4:41	5.1	10:22	0.3	10:48	0.5	5:53	7:59	
9	Sun	5:00	5.3	5:41	5.6	11:19	0.1	11:53	0.2	5:52	8:00	
10	Mon	6:02	5.4	6:38	6.1			12:15	-0.2	5:51	8:01	
11	Tue	7:01	5.5	7:32	6.5	12:54	-0.1	1:09	-0.4	5:50	8:02	
12	Wed	7:57	5.5	8:26	6.9	1:54	-0.4	2:03	-0.6	5:49	8:03	
13	Thu	8:53	5.5	9:18	7.1	2:50	-0.7	2:54	-0.7	5:48	8:03	
14	Fri	9:47	5.5	10:10	7.1	3:43	-0.8	3:44	-0.7	5:47	8:04	
15	Sat	10:40	5.4	11:01	6.9	4:34	-0.7	4:34	-0.5	5:46	8:05	
16	Sun	11:33	5.2	11:53	6.6	5:26	-0.5	5:26	-0.2	5:45	8:06	
17	Mon			12:27	5.0	6:20	-0.2	6:20	0.1	5:44	8:07	
18	Tue	12:46	6.2	1:22	4.9	7:15	0.0	7:19	0.5	5:43	8:08	
19	Wed	1:39	5.8	2:18	4.8	8:11	0.3	8:19	0.8	5:43	8:09	
20	Thu	2:33	5.4	3:16	4.7	9:05	0.5	9:21	1.0	5:42	8:10	
21	Fri	3:30	5.1	4:16	4.7	9:59	0.6	10:24	1.1	5:41	8:11	
22	Sat	4:29	4.8	5:11	4.9	10:50	0.7	11:25	1.1	5:40	8:11	
23	Sun	5:24	4.7	6:00	5.1	11:38	0.7			5:40	8:12	
24	Mon	6:14	4.6	6:43	5.3	12:21	1.0	12:22	0.7	5:39	8:13	
25	Tue	7:00	4.6	7:24	5.5	1:11	0.9	1:03	0.6	5:39	8:14	
26	Wed	7:44	4.6	8:04	5.7	1:56	0.7	1:43	0.5	5:38	8:15	
27	Thu	8:26	4.6	8:43	5.9	2:37	0.5	2:22	0.4	5:37	8:15	
28	Fri	9:07	4.7	9:21	6.0	3:15	0.4	3:00	0.3	5:37	8:16	
29	Sat	9:47	4.7	9:59	6.1	3:51	0.3	3:37	0.3	5:36	8:17	
30	Sun	10:27	4.7	10:38	6.1	4:27	0.3	4:15	0.3	5:36	8:18	
31	Mon	11:08	4.7	11:18	6.0	5:05	0.3	4:56	0.3	5:36	8:18	