

North Highlands Beach, NJ - Jun 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:50	4.7			5:45	0.3	5:40	0.4	5:35	8:19	
2	Wed	12:00	6.0	12:36	4.7	6:30	0.3	6:29	0.5	5:35	8:20	
3	Thu	12:46	5.8	1:24	4.8	7:17	0.2	7:24	0.5	5:34	8:20	
4	Fri	1:35	5.7	2:17	5.0	8:07	0.2	8:22	0.6	5:34	8:21	
5	Sat	2:28	5.5	3:14	5.2	8:59	0.1	9:24	0.5	5:34	8:22	
6	Sun	3:27	5.3	4:17	5.5	9:54	0.1	10:29	0.5	5:34	8:22	
7	Mon	4:33	5.1	5:19	5.9	10:51	0.0	11:35	0.3	5:33	8:23	
8	Tue	5:38	5.1	6:18	6.3	11:48	-0.2			5:33	8:23	
9	Wed	6:40	5.1	7:14	6.6	12:39	0.1	12:44	-0.3	5:33	8:24	
10	Thu	7:39	5.1	8:09	6.9	1:40	-0.2	1:40	-0.4	5:33	8:25	
11	Fri	8:37	5.2	9:03	7.0	2:37	-0.4	2:34	-0.5	5:33	8:25	
12	Sat	9:31	5.2	9:54	6.9	3:30	-0.5	3:26	-0.5	5:33	8:25	
13	Sun	10:24	5.2	10:44	6.8	4:20	-0.5	4:17	-0.3	5:33	8:26	
14	Mon	11:15	5.1	11:33	6.5	5:09	-0.3	5:07	-0.1	5:33	8:26	
15	Tue			12:05	5.1	5:58	-0.2	5:58	0.2	5:33	8:27	
16	Wed	12:21	6.1	12:56	5.0	6:47	0.1	6:52	0.5	5:33	8:27	
17	Thu	1:09	5.7	1:45	4.9	7:37	0.3	7:48	0.8	5:33	8:27	
18	Fri	1:56	5.3	2:35	4.8	8:24	0.5	8:44	1.0	5:33	8:28	
19	Sat	2:44	5.0	3:27	4.8	9:11	0.6	9:42	1.2	5:33	8:28	
20	Sun	3:36	4.7	4:21	4.9	9:58	0.7	10:41	1.2	5:34	8:28	
21	Mon	4:32	4.5	5:13	5.1	10:45	0.8	11:38	1.2	5:34	8:28	
22	Tue	5:27	4.4	6:01	5.3	11:32	0.8			5:34	8:29	
23	Wed	6:18	4.3	6:46	5.5	12:32	1.1	12:17	0.7	5:34	8:29	
24	Thu	7:06	4.4	7:30	5.7	1:21	0.9	1:02	0.6	5:35	8:29	
25	Fri	7:52	4.4	8:12	5.9	2:06	0.7	1:46	0.5	5:35	8:29	
26	Sat	8:37	4.5	8:54	6.1	2:47	0.5	2:29	0.3	5:35	8:29	
27	Sun	9:21	4.6	9:36	6.2	3:26	0.4	3:11	0.2	5:36	8:29	
28	Mon	10:03	4.8	10:16	6.3	4:03	0.2	3:53	0.1	5:36	8:29	
29	Tue	10:46	4.9	10:58	6.2	4:42	0.1	4:36	0.1	5:36	8:29	
30	Wed	11:30	5.0	11:42	6.1	5:22	0.0	5:22	0.1	5:37	8:29	