

North Highlands Beach, NJ - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:42	5.0	4:14	6.1	9:41	0.9	10:44	0.9	6:56	6:42	
2	Sat	4:53	5.0	5:20	6.0	10:50	1.0	11:45	0.9	6:57	6:41	
3	Sun	5:55	5.2	6:17	5.9	11:55	0.9			6:57	6:39	
4	Mon	6:47	5.4	7:07	5.9	12:38	0.8	12:53	0.8	6:58	6:37	
5	Tue	7:33	5.6	7:52	5.9	1:25	0.7	1:44	0.7	6:59	6:36	
6	Wed	8:14	5.8	8:32	5.8	2:06	0.6	2:29	0.6	7:00	6:34	
7	Thu	8:52	6.0	9:10	5.7	2:42	0.6	3:09	0.6	7:01	6:33	
8	Fri	9:27	6.1	9:46	5.6	3:16	0.5	3:46	0.6	7:02	6:31	
9	Sat	10:02	6.1	10:21	5.4	3:49	0.6	4:21	0.6	7:03	6:30	
10	Sun	10:36	6.1	10:58	5.2	4:22	0.6	4:57	0.7	7:04	6:28	
11	Mon	11:12	6.0	11:36	5.0	4:56	0.8	5:35	0.9	7:05	6:27	
12	Tue	11:51	5.9			5:32	0.9	6:17	1.1	7:06	6:25	
13	Wed	12:16	4.8	12:32	5.8	6:13	1.1	7:03	1.2	7:07	6:24	
14	Thu	1:00	4.7	1:17	5.7	6:58	1.2	7:52	1.3	7:08	6:22	
15	Fri	1:48	4.6	2:07	5.6	7:49	1.3	8:44	1.3	7:09	6:21	
16	Sat	2:42	4.5	3:02	5.5	8:44	1.3	9:38	1.3	7:10	6:19	
17	Sun	3:42	4.7	4:03	5.5	9:44	1.2	10:33	1.1	7:11	6:18	
18	Mon	4:45	5.0	5:05	5.7	10:46	1.0	11:28	0.8	7:12	6:17	
19	Tue	5:42	5.4	6:02	5.8	11:47	0.7			7:13	6:15	
20	Wed	6:35	5.9	6:55	6.0	12:20	0.4	12:45	0.3	7:14	6:14	
21	Thu	7:26	6.4	7:48	6.1	1:10	0.1	1:41	-0.1	7:15	6:12	
22	Fri	8:17	6.9	8:40	6.2	2:00	-0.3	2:35	-0.4	7:16	6:11	
23	Sat	9:07	7.2	9:32	6.1	2:48	-0.5	3:28	-0.5	7:17	6:10	
24	Sun	9:58	7.3	10:24	5.9	3:37	-0.6	4:19	-0.6	7:19	6:08	
25	Mon	10:50	7.3	11:18	5.7	4:25	-0.5	5:12	-0.4	7:20	6:07	
26	Tue	11:43	7.1			5:16	-0.3	6:08	-0.1	7:21	6:06	
27	Wed	12:14	5.4	12:40	6.8	6:11	0.1	7:08	0.2	7:22	6:05	
28	Thu	1:14	5.2	1:39	6.4	7:11	0.4	8:11	0.4	7:23	6:03	
29	Fri	2:16	5.0	2:41	6.0	8:16	0.7	9:14	0.6	7:24	6:02	
30	Sat	3:23	4.9	3:46	5.7	9:23	0.9	10:16	0.7	7:25	6:01	
31	Sun	3:30	5.0	3:51	5.5	9:32	1.0	10:14	0.7	6:26	5:00	