

North Highlands Beach, NJ - Nov 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:31	5.1	4:48	5.3	10:37	1.0	11:05	0.7	6:27	4:59	
2	Tue	5:22	5.3	5:37	5.3	11:34	0.9	11:50	0.6	6:28	4:58	
3	Wed	6:06	5.5	6:21	5.2			12:24	0.8	6:29	4:56	
4	Thu	6:45	5.7	7:02	5.2	12:30	0.6	1:09	0.6	6:30	4:55	
5	Fri	7:23	5.9	7:41	5.1	1:07	0.5	1:49	0.5	6:32	4:54	
6	Sat	7:59	6.0	8:19	5.0	1:43	0.4	2:25	0.5	6:33	4:53	
7	Sun	8:34	6.1	8:55	5.0	2:17	0.4	3:00	0.4	6:34	4:52	
8	Mon	9:09	6.1	9:32	4.8	2:51	0.4	3:35	0.5	6:35	4:51	
9	Tue	9:45	6.0	10:11	4.7	3:26	0.5	4:12	0.6	6:36	4:50	
10	Wed	10:23	5.9	10:51	4.6	4:02	0.6	4:51	0.7	6:37	4:50	
11	Thu	11:04	5.8	11:35	4.5	4:42	0.7	5:34	0.8	6:38	4:49	
12	Fri	11:47	5.6			5:28	0.8	6:21	0.8	6:39	4:48	
13	Sat	12:22	4.5	12:35	5.5	6:19	0.9	7:10	0.8	6:40	4:47	
14	Sun	1:13	4.5	1:27	5.4	7:16	0.9	8:02	0.7	6:42	4:46	
15	Mon	2:11	4.7	2:25	5.3	8:16	0.9	8:56	0.5	6:43	4:45	
16	Tue	3:13	5.0	3:28	5.2	9:19	0.7	9:51	0.3	6:44	4:45	
17	Wed	4:13	5.4	4:31	5.3	10:23	0.4	10:46	0.0	6:45	4:44	
18	Thu	5:09	5.9	5:29	5.4	11:24	0.1	11:40	-0.3	6:46	4:43	
19	Fri	6:03	6.4	6:25	5.5			12:23	-0.3	6:47	4:43	
20	Sat	6:56	6.8	7:20	5.5	12:33	-0.6	1:20	-0.6	6:48	4:42	
21	Sun	7:49	7.1	8:15	5.5	1:25	-0.8	2:14	-0.8	6:49	4:41	
22	Mon	8:41	7.2	9:08	5.4	2:16	-0.9	3:06	-0.8	6:50	4:41	
23	Tue	9:33	7.1	10:02	5.3	3:06	-0.8	3:58	-0.7	6:51	4:40	
24	Wed	10:26	6.8	10:57	5.1	3:58	-0.6	4:51	-0.5	6:52	4:40	
25	Thu	11:20	6.4	11:54	4.9	4:52	-0.3	5:47	-0.2	6:54	4:39	
26	Fri			12:15	6.0	5:50	0.1	6:45	0.0	6:55	4:39	
27	Sat	12:52	4.8	1:11	5.5	6:52	0.4	7:42	0.2	6:56	4:39	
28	Sun	1:52	4.7	2:09	5.1	7:57	0.7	8:38	0.4	6:57	4:38	
29	Mon	2:54	4.7	3:10	4.8	9:03	0.8	9:32	0.5	6:58	4:38	
30	Tue	3:54	4.8	4:08	4.6	10:07	0.9	10:22	0.5	6:59	4:38	