

North Highlands Beach, NJ - Dec 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:47	5.0	5:00	4.5	11:06	0.8	11:09	0.4	7:00	4:37	
2	Thu	5:32	5.1	5:47	4.4	11:58	0.7	11:51	0.4	7:01	4:37	
3	Fri	6:14	5.3	6:30	4.4			12:44	0.5	7:02	4:37	
4	Sat	6:53	5.5	7:12	4.4	12:31	0.3	1:26	0.4	7:02	4:37	
5	Sun	7:31	5.7	7:52	4.5	1:10	0.2	2:04	0.2	7:03	4:37	
6	Mon	8:09	5.8	8:31	4.4	1:47	0.1	2:40	0.1	7:04	4:37	
7	Tue	8:46	5.8	9:10	4.4	2:24	0.0	3:14	0.1	7:05	4:37	
8	Wed	9:23	5.8	9:48	4.4	3:01	0.0	3:49	0.1	7:06	4:37	
9	Thu	10:01	5.7	10:29	4.4	3:39	0.0	4:27	0.1	7:07	4:37	
10	Fri	10:40	5.6	11:11	4.4	4:19	0.1	5:07	0.1	7:08	4:37	
11	Sat	11:23	5.5	11:57	4.4	5:05	0.2	5:52	0.1	7:08	4:37	
12	Sun			12:08	5.3	5:56	0.3	6:39	0.1	7:09	4:37	
13	Mon	12:47	4.5	12:58	5.1	6:52	0.4	7:30	0.0	7:10	4:38	
14	Tue	1:42	4.7	1:54	4.9	7:52	0.4	8:23	-0.1	7:11	4:38	
15	Wed	2:42	5.0	2:57	4.7	8:55	0.3	9:19	-0.2	7:11	4:38	
16	Thu	3:46	5.3	4:04	4.6	10:02	0.1	10:17	-0.4	7:12	4:38	
17	Fri	4:47	5.7	5:08	4.7	11:06	-0.1	11:14	-0.6	7:13	4:39	
18	Sat	5:45	6.1	6:08	4.7			12:08	-0.4	7:13	4:39	
19	Sun	6:41	6.4	7:05	4.8	12:11	-0.8	1:07	-0.7	7:14	4:40	
20	Mon	7:35	6.6	8:01	4.9	1:06	-1.0	2:02	-0.9	7:14	4:40	
21	Tue	8:28	6.7	8:54	4.9	2:00	-1.1	2:53	-1.0	7:15	4:40	
22	Wed	9:18	6.6	9:46	4.9	2:51	-1.1	3:42	-0.9	7:15	4:41	
23	Thu	10:08	6.3	10:37	4.8	3:41	-0.9	4:31	-0.8	7:16	4:42	
24	Fri	10:57	6.0	11:29	4.7	4:33	-0.6	5:20	-0.6	7:16	4:42	
25	Sat	11:46	5.5			5:27	-0.2	6:11	-0.3	7:17	4:43	
26	Sun	12:20	4.6	12:35	5.0	6:23	0.1	7:01	-0.1	7:17	4:43	
27	Mon	1:12	4.5	1:26	4.6	7:21	0.4	7:51	0.1	7:17	4:44	
28	Tue	2:06	4.4	2:19	4.2	8:22	0.6	8:41	0.2	7:18	4:45	
29	Wed	3:04	4.4	3:17	4.0	9:25	0.8	9:32	0.3	7:18	4:45	
30	Thu	4:01	4.5	4:16	3.8	10:27	0.7	10:21	0.3	7:18	4:46	
31	Fri	4:52	4.7	5:08	3.8	11:24	0.6			7:18	4:47	