

North Highlands Beach, NJ - May 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:35	5.6	5:18	5.1	10:56	0.2	11:20	0.4	6:01	7:52	
2	Tue	5:41	5.5	6:17	5.4	11:55	0.1			6:00	7:53	
3	Wed	6:39	5.4	7:09	5.7	12:26	0.3	12:48	0.1	5:59	7:54	
4	Thu	7:31	5.4	7:57	6.0	1:25	0.1	1:37	0.0	5:58	7:55	
5	Fri	8:20	5.3	8:42	6.1	2:17	0.0	2:22	-0.1	5:56	7:55	
6	Sat	9:05	5.3	9:22	6.2	3:04	-0.1	3:03	-0.1	5:55	7:56	
7	Sun	9:46	5.2	10:01	6.1	3:46	-0.1	3:42	0.0	5:54	7:57	
8	Mon	10:25	5.0	10:38	6.1	4:26	0.0	4:19	0.1	5:53	7:58	
9	Tue	11:04	4.9	11:15	5.9	5:04	0.1	4:57	0.3	5:52	7:59	
10	Wed	11:44	4.7	11:54	5.7	5:44	0.3	5:36	0.5	5:51	8:00	
11	Thu			12:26	4.5	6:26	0.5	6:18	0.8	5:50	8:01	
12	Fri	12:35	5.5	1:10	4.4	7:11	0.7	7:05	1.0	5:49	8:02	
13	Sat	1:18	5.3	1:56	4.3	7:57	0.8	7:54	1.1	5:48	8:03	
14	Sun	2:05	5.1	2:47	4.3	8:44	0.9	8:47	1.2	5:47	8:04	
15	Mon	2:55	5.0	3:42	4.4	9:32	0.9	9:43	1.2	5:46	8:05	
16	Tue	3:52	4.9	4:39	4.7	10:21	0.8	10:41	1.1	5:45	8:06	
17	Wed	4:50	4.8	5:32	5.0	11:11	0.7	11:39	0.8	5:45	8:07	
18	Thu	5:46	4.9	6:21	5.4			12:00	0.5	5:44	8:08	
19	Fri	6:37	5.0	7:09	5.9	12:34	0.5	12:47	0.2	5:43	8:08	
20	Sat	7:28	5.2	7:56	6.3	1:27	0.2	1:35	-0.1	5:42	8:09	
21	Sun	8:19	5.3	8:45	6.6	2:18	-0.1	2:23	-0.3	5:42	8:10	
22	Mon	9:10	5.3	9:33	6.9	3:08	-0.4	3:11	-0.5	5:41	8:11	
23	Tue	10:01	5.4	10:23	7.0	3:58	-0.6	3:59	-0.5	5:40	8:12	
24	Wed	10:53	5.3	11:15	6.9	4:48	-0.6	4:49	-0.5	5:39	8:13	
25	Thu	11:48	5.3			5:40	-0.6	5:43	-0.3	5:39	8:13	
26	Fri	12:09	6.7	12:45	5.2	6:36	-0.4	6:41	0.0	5:38	8:14	
27	Sat	1:06	6.4	1:45	5.2	7:34	-0.2	7:44	0.2	5:38	8:15	
28	Sun	2:05	6.1	2:47	5.2	8:33	-0.1	8:50	0.4	5:37	8:16	
29	Mon	3:07	5.7	3:53	5.2	9:32	0.1	9:58	0.5	5:37	8:17	
30	Tue	4:13	5.4	4:58	5.4	10:31	0.1	11:07	0.6	5:36	8:17	
31	Wed	5:17	5.2	5:56	5.6	11:27	0.2			5:36	8:18	