

## North Highlands Beach, NJ - Jul 1978

| Date |     | High  |     |       |     | Low   |      |       |      |  |      |    |
|------|-----|-------|-----|-------|-----|-------|------|-------|------|-------------------------------------------------------------------------------------|------|---------------------------------------------------------------------------------------|
|      |     | AM    | ft  | PM    | ft  | AM    | ft   | PM    | ft   | Rise                                                                                | Set  | Moon                                                                                  |
| 1    | Sat | 6:40  | 4.6 | 7:08  | 5.8 | 12:49 | 0.7  | 12:37 | 0.4  | 5:37                                                                                | 8:29 |    |
| 2    | Sun | 7:28  | 4.6 | 7:52  | 5.9 | 1:42  | 0.6  | 1:24  | 0.4  | 5:38                                                                                | 8:29 |    |
| 3    | Mon | 8:14  | 4.6 | 8:33  | 5.9 | 2:28  | 0.5  | 2:08  | 0.4  | 5:38                                                                                | 8:29 |    |
| 4    | Tue | 8:56  | 4.6 | 9:12  | 6.0 | 3:09  | 0.4  | 2:49  | 0.4  | 5:39                                                                                | 8:29 |    |
| 5    | Wed | 9:36  | 4.7 | 9:49  | 6.0 | 3:46  | 0.4  | 3:27  | 0.4  | 5:39                                                                                | 8:28 |    |
| 6    | Thu | 10:15 | 4.7 | 10:26 | 6.0 | 4:20  | 0.4  | 4:05  | 0.4  | 5:40                                                                                | 8:28 |    |
| 7    | Fri | 10:53 | 4.7 | 11:02 | 5.9 | 4:54  | 0.4  | 4:43  | 0.5  | 5:40                                                                                | 8:28 |    |
| 8    | Sat | 11:32 | 4.8 | 11:40 | 5.7 | 5:29  | 0.4  | 5:22  | 0.6  | 5:41                                                                                | 8:28 |    |
| 9    | Sun |       |     | 12:12 | 4.8 | 6:05  | 0.5  | 6:04  | 0.7  | 5:42                                                                                | 8:27 |    |
| 10   | Mon | 12:18 | 5.6 | 12:53 | 4.8 | 6:44  | 0.5  | 6:50  | 0.8  | 5:42                                                                                | 8:27 |    |
| 11   | Tue | 12:58 | 5.4 | 1:35  | 4.9 | 7:25  | 0.5  | 7:39  | 0.9  | 5:43                                                                                | 8:27 |    |
| 12   | Wed | 1:41  | 5.2 | 2:21  | 5.1 | 8:08  | 0.5  | 8:32  | 0.9  | 5:44                                                                                | 8:26 |   |
| 13   | Thu | 2:28  | 5.0 | 3:13  | 5.3 | 8:55  | 0.4  | 9:29  | 0.9  | 5:44                                                                                | 8:26 |  |
| 14   | Fri | 3:22  | 4.8 | 4:10  | 5.5 | 9:46  | 0.4  | 10:30 | 0.8  | 5:45                                                                                | 8:25 |  |
| 15   | Sat | 4:24  | 4.7 | 5:11  | 5.9 | 10:41 | 0.3  | 11:32 | 0.6  | 5:46                                                                                | 8:25 |  |
| 16   | Sun | 5:29  | 4.8 | 6:09  | 6.2 | 11:38 | 0.1  |       |      | 5:47                                                                                | 8:24 |  |
| 17   | Mon | 6:31  | 4.9 | 7:06  | 6.6 | 12:34 | 0.3  | 12:36 | -0.1 | 5:47                                                                                | 8:24 |  |
| 18   | Tue | 7:31  | 5.1 | 8:03  | 6.9 | 1:33  | 0.0  | 1:34  | -0.3 | 5:48                                                                                | 8:23 |  |
| 19   | Wed | 8:30  | 5.3 | 8:58  | 7.1 | 2:30  | -0.3 | 2:31  | -0.5 | 5:49                                                                                | 8:22 |  |
| 20   | Thu | 9:27  | 5.5 | 9:52  | 7.1 | 3:24  | -0.5 | 3:26  | -0.6 | 5:50                                                                                | 8:22 |  |
| 21   | Fri | 10:22 | 5.7 | 10:45 | 7.0 | 4:15  | -0.7 | 4:20  | -0.6 | 5:50                                                                                | 8:21 |  |
| 22   | Sat | 11:16 | 5.8 | 11:38 | 6.8 | 5:05  | -0.6 | 5:14  | -0.4 | 5:51                                                                                | 8:20 |  |
| 23   | Sun |       |     | 12:10 | 5.8 | 5:56  | -0.5 | 6:11  | -0.2 | 5:52                                                                                | 8:19 |  |
| 24   | Mon | 12:31 | 6.4 | 1:05  | 5.8 | 6:48  | -0.3 | 7:11  | 0.2  | 5:53                                                                                | 8:19 |  |
| 25   | Tue | 1:24  | 5.9 | 2:00  | 5.7 | 7:41  | -0.1 | 8:13  | 0.5  | 5:54                                                                                | 8:18 |  |
| 26   | Wed | 2:18  | 5.5 | 2:56  | 5.6 | 8:34  | 0.2  | 9:15  | 0.8  | 5:55                                                                                | 8:17 |  |
| 27   | Thu | 3:14  | 5.0 | 3:56  | 5.6 | 9:27  | 0.4  | 10:20 | 0.9  | 5:55                                                                                | 8:16 |  |
| 28   | Fri | 4:15  | 4.7 | 4:55  | 5.5 | 10:21 | 0.6  | 11:24 | 1.0  | 5:56                                                                                | 8:15 |  |
| 29   | Sat | 5:16  | 4.5 | 5:50  | 5.6 | 11:15 | 0.7  |       |      | 5:57                                                                                | 8:14 |  |
| 30   | Sun | 6:11  | 4.5 | 6:39  | 5.7 | 12:23 | 1.0  | 12:07 | 0.8  | 5:58                                                                                | 8:13 |  |
| 31   | Mon | 7:00  | 4.5 | 7:24  | 5.8 | 1:15  | 1.0  | 12:55 | 0.7  | 5:59                                                                                | 8:12 |  |