

North Highlands Beach, NJ - Aug 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:46	4.6	8:06	5.9	2:02	0.8	1:41	0.7	6:00	8:11	
2	Wed	8:29	4.7	8:46	6.0	2:43	0.7	2:24	0.6	6:01	8:10	
3	Thu	9:09	4.9	9:24	6.0	3:19	0.6	3:04	0.5	6:02	8:09	
4	Fri	9:48	5.0	10:00	6.0	3:51	0.5	3:42	0.5	6:03	8:08	
5	Sat	10:25	5.1	10:36	6.0	4:23	0.5	4:19	0.5	6:03	8:07	
6	Sun	11:02	5.2	11:13	5.8	4:56	0.4	4:58	0.5	6:04	8:06	
7	Mon	11:40	5.3	11:50	5.7	5:30	0.5	5:38	0.6	6:05	8:05	
8	Tue			12:20	5.4	6:08	0.5	6:23	0.7	6:06	8:04	
9	Wed	12:30	5.5	1:02	5.5	6:49	0.5	7:12	0.8	6:07	8:03	
10	Thu	1:12	5.3	1:49	5.6	7:33	0.5	8:06	0.9	6:08	8:01	
11	Fri	2:00	5.1	2:41	5.7	8:22	0.5	9:03	0.9	6:09	8:00	
12	Sat	2:55	4.9	3:40	5.8	9:16	0.5	10:05	0.9	6:10	7:59	
13	Sun	3:59	4.8	4:45	6.1	10:14	0.4	11:10	0.7	6:11	7:58	
14	Mon	5:09	4.9	5:49	6.4	11:16	0.3			6:12	7:56	
15	Tue	6:15	5.1	6:49	6.7	12:14	0.5	12:18	0.1	6:13	7:55	
16	Wed	7:16	5.3	7:47	6.9	1:15	0.2	1:19	-0.1	6:13	7:54	
17	Thu	8:15	5.7	8:43	7.1	2:11	-0.1	2:18	-0.4	6:14	7:52	
18	Fri	9:10	6.0	9:36	7.1	3:04	-0.3	3:13	-0.5	6:15	7:51	
19	Sat	10:03	6.2	10:27	6.9	3:53	-0.5	4:06	-0.5	6:16	7:50	
20	Sun	10:54	6.3	11:17	6.6	4:41	-0.4	4:59	-0.3	6:17	7:48	
21	Mon	11:44	6.3			5:28	-0.3	5:52	0.0	6:18	7:47	
22	Tue	12:07	6.2	12:35	6.2	6:16	0.0	6:48	0.3	6:19	7:45	
23	Wed	12:57	5.8	1:26	6.0	7:06	0.3	7:46	0.7	6:20	7:44	
24	Thu	1:47	5.4	2:19	5.8	7:58	0.6	8:45	1.0	6:21	7:43	
25	Fri	2:41	5.0	3:14	5.6	8:50	0.8	9:47	1.2	6:22	7:41	
26	Sat	3:39	4.7	4:14	5.5	9:44	1.0	10:50	1.3	6:23	7:40	
27	Sun	4:41	4.5	5:12	5.5	10:40	1.2	11:49	1.3	6:23	7:38	
28	Mon	5:39	4.6	6:05	5.6	11:35	1.2			6:24	7:37	
29	Tue	6:29	4.7	6:51	5.7	12:42	1.2	12:26	1.1	6:25	7:35	
30	Wed	7:15	4.8	7:35	5.9	1:28	1.1	1:13	1.0	6:26	7:34	
31	Thu	7:58	5.0	8:16	6.0	2:08	0.9	1:58	0.8	6:27	7:32	