

North Highlands Beach, NJ - Dec 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:57	6.7	9:23	5.1	2:34	-0.7	3:21	-0.6	6:59	4:38	
2	Sat	9:46	6.7	10:15	5.0	3:21	-0.7	4:10	-0.7	7:00	4:37	
3	Sun	10:38	6.6	11:10	5.0	4:12	-0.6	5:03	-0.6	7:01	4:37	
4	Mon	11:33	6.3			5:07	-0.4	6:00	-0.4	7:02	4:37	
5	Tue	12:09	4.9	12:31	6.0	6:08	-0.1	6:58	-0.3	7:03	4:37	
6	Wed	1:10	4.9	1:31	5.6	7:13	0.1	7:58	-0.2	7:04	4:37	
7	Thu	2:15	4.9	2:37	5.3	8:20	0.2	8:57	-0.1	7:05	4:37	
8	Fri	3:23	5.1	3:44	5.0	9:31	0.3	9:56	-0.1	7:06	4:37	
9	Sat	4:26	5.3	4:46	4.9	10:40	0.2	10:52	-0.2	7:06	4:37	
10	Sun	5:22	5.5	5:42	4.8	11:42	0.1	11:44	-0.2	7:07	4:37	
11	Mon	6:13	5.7	6:33	4.7			12:38	0.0	7:08	4:37	
12	Tue	6:59	5.9	7:20	4.6	12:32	-0.3	1:28	-0.1	7:09	4:37	
13	Wed	7:42	5.9	8:04	4.6	1:17	-0.3	2:12	-0.2	7:10	4:37	
14	Thu	8:22	5.9	8:45	4.5	1:58	-0.3	2:52	-0.2	7:10	4:38	
15	Fri	9:00	5.8	9:23	4.5	2:37	-0.2	3:29	-0.2	7:11	4:38	
16	Sat	9:36	5.7	10:02	4.4	3:15	-0.1	4:05	-0.1	7:12	4:38	
17	Sun	10:13	5.6	10:42	4.3	3:53	0.0	4:43	0.0	7:12	4:39	
18	Mon	10:52	5.3	11:23	4.2	4:33	0.2	5:22	0.2	7:13	4:39	
19	Tue	11:32	5.1			5:16	0.4	6:04	0.3	7:14	4:39	
20	Wed	12:06	4.1	12:13	4.9	6:02	0.6	6:47	0.4	7:14	4:40	
21	Thu	12:51	4.1	12:57	4.6	6:52	0.7	7:31	0.4	7:15	4:40	
22	Fri	1:40	4.2	1:46	4.4	7:45	0.8	8:17	0.3	7:15	4:41	
23	Sat	2:33	4.3	2:41	4.3	8:41	0.8	9:06	0.3	7:16	4:41	
24	Sun	3:30	4.6	3:40	4.2	9:41	0.6	9:57	0.1	7:16	4:42	
25	Mon	4:26	4.9	4:39	4.2	10:40	0.4	10:49	-0.1	7:16	4:42	
26	Tue	5:18	5.3	5:34	4.3	11:37	0.1	11:41	-0.4	7:17	4:43	
27	Wed	6:09	5.7	6:28	4.5			12:32	-0.3	7:17	4:44	
28	Thu	7:00	6.1	7:22	4.7	12:33	-0.7	1:25	-0.6	7:17	4:44	
29	Fri	7:50	6.4	8:15	4.8	1:25	-1.0	2:16	-0.9	7:18	4:45	
30	Sat	8:41	6.6	9:07	5.0	2:16	-1.2	3:05	-1.1	7:18	4:46	
31	Sun	9:32	6.6	10:02	5.0	3:06	-1.2	3:54	-1.2	7:18	4:47	