

North Highlands Beach, NJ - Jan 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	10:26	6.5	10:57	5.0	4:00	-1.1	4:48	-1.1	7:18	4:47	
2	Tue	11:19	6.1	11:54	5.0	4:55	-0.9	5:42	-1.0	7:18	4:48	
3	Wed			12:15	5.7	5:54	-0.6	6:38	-0.8	7:18	4:49	
4	Thu	12:52	4.9	1:12	5.3	6:58	-0.3	7:35	-0.6	7:19	4:50	
5	Fri	1:53	4.9	2:14	4.8	8:04	-0.1	8:32	-0.4	7:19	4:51	
6	Sat	2:58	4.9	3:19	4.5	9:13	0.1	9:30	-0.3	7:19	4:52	
7	Sun	4:03	5.0	4:24	4.3	10:22	0.2	10:27	-0.2	7:18	4:53	
8	Mon	5:02	5.1	5:21	4.1	11:26	0.1	11:20	-0.2	7:18	4:54	
9	Tue	5:53	5.2	6:13	4.1			12:23	0.0	7:18	4:54	
10	Wed	6:40	5.4	7:00	4.1	12:10	-0.2	1:13	-0.1	7:18	4:55	
11	Thu	7:23	5.4	7:43	4.2	12:56	-0.3	1:56	-0.2	7:18	4:56	
12	Fri	8:02	5.5	8:23	4.2	1:38	-0.3	2:34	-0.3	7:18	4:57	
13	Sat	8:39	5.5	9:01	4.2	2:17	-0.4	3:08	-0.3	7:17	4:59	
14	Sun	9:14	5.4	9:37	4.2	2:54	-0.4	3:41	-0.3	7:17	5:00	
15	Mon	9:50	5.3	10:14	4.2	3:30	-0.3	4:15	-0.2	7:17	5:01	
16	Tue	10:26	5.2	10:52	4.2	4:08	-0.2	4:50	-0.1	7:16	5:02	
17	Wed	11:02	5.0	11:32	4.2	4:47	0.0	5:27	-0.1	7:16	5:03	
18	Thu	11:41	4.8			5:30	0.1	6:06	0.0	7:16	5:04	
19	Fri	12:13	4.2	12:22	4.5	6:17	0.3	6:48	0.1	7:15	5:05	
20	Sat	12:58	4.3	1:07	4.3	7:08	0.4	7:34	0.1	7:15	5:06	
21	Sun	1:48	4.4	1:58	4.1	8:03	0.5	8:23	0.0	7:14	5:07	
22	Mon	2:45	4.5	2:59	3.9	9:04	0.4	9:18	-0.1	7:13	5:08	
23	Tue	3:48	4.8	4:05	3.9	10:08	0.3	10:16	-0.3	7:13	5:09	
24	Wed	4:48	5.2	5:09	4.1	11:10	0.0	11:14	-0.5	7:12	5:11	
25	Thu	5:45	5.6	6:08	4.3			12:10	-0.4	7:12	5:12	
26	Fri	6:41	6.0	7:05	4.6	12:12	-0.8	1:06	-0.8	7:11	5:13	
27	Sat	7:35	6.3	8:01	4.9	1:08	-1.1	1:59	-1.1	7:10	5:14	
28	Sun	8:27	6.5	8:53	5.1	2:02	-1.4	2:49	-1.3	7:09	5:15	
29	Mon	9:19	6.5	9:45	5.3	2:55	-1.5	3:38	-1.4	7:09	5:16	
30	Tue	10:10	6.3	10:38	5.3	3:47	-1.4	4:27	-1.4	7:08	5:17	
31	Wed	11:02	6.0	11:31	5.3	4:41	-1.2	5:17	-1.2	7:07	5:19	