

North Highlands Beach, NJ - Mar 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:41	5.8	11:06	5.7	4:25	-1.1	4:49	-1.0	6:32	5:51	
2	Fri	11:31	5.4	11:57	5.6	5:19	-0.8	5:39	-0.7	6:31	5:52	
3	Sat			12:22	4.9	6:16	-0.4	6:30	-0.3	6:29	5:53	
4	Sun	12:50	5.3	1:16	4.5	7:15	0.0	7:24	0.0	6:28	5:54	
5	Mon	1:46	5.0	2:15	4.1	8:18	0.4	8:20	0.3	6:26	5:56	
6	Tue	2:48	4.8	3:21	3.9	9:24	0.6	9:20	0.5	6:25	5:57	
7	Wed	3:54	4.7	4:25	3.9	10:31	0.7	10:21	0.6	6:23	5:58	
8	Thu	4:53	4.8	5:21	4.0	11:29	0.6	11:18	0.5	6:22	5:59	
9	Fri	5:44	4.9	6:08	4.2			12:19	0.5	6:20	6:00	
10	Sat	6:29	5.0	6:51	4.4	12:08	0.3	1:01	0.3	6:19	6:01	
11	Sun	7:10	5.2	7:31	4.6	12:54	0.2	1:38	0.2	6:17	6:02	
12	Mon	7:48	5.3	8:08	4.8	1:34	0.0	2:10	0.0	6:16	6:03	
13	Tue	8:25	5.4	8:43	5.0	2:12	-0.2	2:40	-0.1	6:14	6:04	
14	Wed	9:00	5.3	9:18	5.2	2:48	-0.2	3:11	-0.1	6:13	6:05	
15	Thu	9:34	5.2	9:53	5.3	3:24	-0.3	3:43	-0.2	6:11	6:06	
16	Fri	10:10	5.1	10:30	5.3	4:01	-0.2	4:17	-0.1	6:09	6:07	
17	Sat	10:47	4.9	11:09	5.3	4:41	-0.1	4:55	0.0	6:08	6:08	
18	Sun	11:28	4.7	11:53	5.3	5:26	0.0	5:37	0.0	6:06	6:09	
19	Mon			12:13	4.5	6:16	0.2	6:26	0.1	6:05	6:10	
20	Tue	12:43	5.3	1:06	4.3	7:11	0.3	7:21	0.2	6:03	6:11	
21	Wed	1:40	5.3	2:08	4.2	8:12	0.4	8:22	0.2	6:02	6:12	
22	Thu	2:46	5.3	3:21	4.3	9:17	0.3	9:28	0.2	6:00	6:13	
23	Fri	3:58	5.5	4:33	4.5	10:23	0.2	10:35	0.0	5:58	6:14	
24	Sat	5:05	5.7	5:36	4.9	11:26	-0.1	11:40	-0.3	5:57	6:15	
25	Sun	6:05	6.0	6:34	5.4			12:23	-0.4	5:55	6:16	
26	Mon	7:01	6.1	7:27	5.8	12:41	-0.7	1:16	-0.7	5:54	6:17	
27	Tue	7:54	6.2	8:18	6.1	1:38	-0.9	2:05	-0.9	5:52	6:17	
28	Wed	8:44	6.2	9:06	6.3	2:30	-1.1	2:51	-1.0	5:51	6:18	
29	Thu	9:32	6.0	9:53	6.3	3:20	-1.0	3:36	-0.9	5:49	6:19	
30	Fri	10:20	5.7	10:39	6.2	4:09	-0.8	4:20	-0.6	5:47	6:20	
31	Sat	11:07	5.3	11:27	5.9	4:59	-0.5	5:07	-0.3	5:46	6:21	