

North Highlands Beach, NJ - Jun 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:39	5.3	2:21	4.4	8:20	0.8	8:20	1.2	5:35	8:19	
2	Sat	2:26	5.0	3:12	4.5	9:06	0.8	9:14	1.3	5:35	8:19	
3	Sun	3:18	4.8	4:06	4.6	9:52	0.9	10:10	1.3	5:35	8:20	
4	Mon	4:13	4.7	5:00	4.8	10:40	0.8	11:07	1.2	5:34	8:21	
5	Tue	5:09	4.7	5:50	5.1	11:26	0.7			5:34	8:21	
6	Wed	6:02	4.7	6:36	5.5	12:01	1.0	12:11	0.6	5:34	8:22	
7	Thu	6:51	4.7	7:21	5.8	12:53	0.7	12:57	0.4	5:34	8:23	
8	Fri	7:39	4.8	8:06	6.2	1:42	0.4	1:42	0.2	5:33	8:23	
9	Sat	8:27	4.9	8:52	6.4	2:30	0.1	2:28	0.0	5:33	8:24	
10	Sun	9:16	5.0	9:38	6.6	3:17	-0.1	3:14	-0.2	5:33	8:24	
11	Mon	10:04	5.1	10:25	6.7	4:03	-0.3	4:00	-0.3	5:33	8:25	
12	Tue	10:54	5.1	11:15	6.7	4:50	-0.4	4:49	-0.3	5:33	8:25	
13	Wed	11:47	5.1			5:40	-0.4	5:41	-0.1	5:33	8:26	
14	Thu	12:07	6.6	12:42	5.2	6:33	-0.3	6:39	0.0	5:33	8:26	
15	Fri	1:01	6.3	1:40	5.2	7:28	-0.2	7:40	0.2	5:33	8:26	
16	Sat	1:58	6.0	2:39	5.3	8:24	-0.2	8:44	0.4	5:33	8:27	
17	Sun	2:58	5.7	3:43	5.4	9:21	-0.1	9:51	0.5	5:33	8:27	
18	Mon	4:03	5.4	4:47	5.6	10:18	0.0	11:00	0.5	5:33	8:28	
19	Tue	5:08	5.2	5:48	5.8	11:15	0.0			5:33	8:28	
20	Wed	6:09	5.0	6:42	6.1	12:06	0.4	12:10	0.0	5:33	8:28	
21	Thu	7:04	4.9	7:33	6.2	1:07	0.3	1:02	0.0	5:34	8:28	
22	Fri	7:57	4.9	8:21	6.3	2:03	0.2	1:52	0.0	5:34	8:29	
23	Sat	8:46	4.9	9:05	6.3	2:52	0.1	2:38	0.1	5:34	8:29	
24	Sun	9:31	4.8	9:47	6.3	3:37	0.1	3:22	0.1	5:34	8:29	
25	Mon	10:13	4.8	10:26	6.1	4:17	0.1	4:03	0.2	5:35	8:29	
26	Tue	10:54	4.8	11:04	6.0	4:56	0.2	4:43	0.4	5:35	8:29	
27	Wed	11:35	4.7	11:43	5.8	5:35	0.3	5:24	0.5	5:35	8:29	
28	Thu			12:17	4.7	6:14	0.4	6:07	0.7	5:36	8:29	
29	Fri	12:23	5.6	12:59	4.6	6:55	0.6	6:53	0.9	5:36	8:29	
30	Sat	1:04	5.3	1:42	4.7	7:37	0.7	7:42	1.1	5:37	8:29	