

North Highlands Beach, NJ - Jul 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	1:46	5.1	2:27	4.7	8:19	0.7	8:32	1.2	5:37	8:29	
2	Mon	2:32	4.9	3:16	4.8	9:02	0.7	9:26	1.2	5:37	8:29	
3	Tue	3:22	4.7	4:10	5.0	9:47	0.7	10:22	1.2	5:38	8:29	
4	Wed	4:18	4.6	5:04	5.3	10:36	0.7	11:19	1.0	5:39	8:29	
5	Thu	5:15	4.5	5:56	5.6	11:26	0.5			5:39	8:28	
6	Fri	6:11	4.6	6:46	6.0	12:15	0.8	12:17	0.3	5:40	8:28	
7	Sat	7:05	4.7	7:36	6.3	1:10	0.5	1:08	0.1	5:40	8:28	
8	Sun	7:59	4.9	8:27	6.6	2:03	0.2	2:00	-0.1	5:41	8:28	
9	Mon	8:52	5.1	9:17	6.9	2:54	-0.1	2:51	-0.3	5:41	8:27	
10	Tue	9:45	5.3	10:08	7.0	3:43	-0.4	3:43	-0.5	5:42	8:27	
11	Wed	10:37	5.4	10:59	6.9	4:32	-0.5	4:34	-0.5	5:43	8:27	
12	Thu	11:31	5.5	11:52	6.7	5:21	-0.6	5:28	-0.4	5:43	8:26	
13	Fri			12:26	5.6	6:13	-0.5	6:26	-0.2	5:44	8:26	
14	Sat	12:46	6.4	1:23	5.7	7:07	-0.4	7:27	0.1	5:45	8:25	
15	Sun	1:42	6.0	2:20	5.7	8:02	-0.2	8:31	0.3	5:46	8:25	
16	Mon	2:40	5.6	3:21	5.7	8:57	-0.1	9:37	0.5	5:46	8:24	
17	Tue	3:42	5.2	4:25	5.8	9:54	0.1	10:45	0.6	5:47	8:24	
18	Wed	4:47	4.9	5:27	5.9	10:51	0.2	11:52	0.7	5:48	8:23	
19	Thu	5:50	4.8	6:23	6.0	11:47	0.3			5:49	8:22	
20	Fri	6:46	4.7	7:14	6.1	12:53	0.6	12:40	0.4	5:49	8:22	
21	Sat	7:38	4.7	8:01	6.1	1:48	0.5	1:31	0.4	5:50	8:21	
22	Sun	8:25	4.8	8:45	6.1	2:36	0.5	2:18	0.4	5:51	8:20	
23	Mon	9:09	4.8	9:25	6.1	3:18	0.4	3:01	0.3	5:52	8:20	
24	Tue	9:49	4.9	10:02	6.1	3:55	0.4	3:41	0.4	5:53	8:19	
25	Wed	10:28	4.9	10:39	6.0	4:30	0.4	4:20	0.4	5:54	8:18	
26	Thu	11:05	4.9	11:15	5.8	5:04	0.4	4:58	0.6	5:54	8:17	
27	Fri	11:44	5.0	11:52	5.6	5:39	0.5	5:38	0.7	5:55	8:16	
28	Sat			12:23	5.0	6:16	0.6	6:21	0.9	5:56	8:15	
29	Sun	12:31	5.4	1:03	5.0	6:54	0.7	7:07	1.0	5:57	8:15	
30	Mon	1:10	5.2	1:46	5.1	7:34	0.7	7:55	1.1	5:58	8:14	
31	Tue	1:53	5.0	2:32	5.2	8:17	0.8	8:47	1.2	5:59	8:13	