

North Highlands Beach, NJ - Aug 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:39	4.8	3:23	5.3	9:02	0.8	9:42	1.2	6:00	8:12	
2	Thu	3:34	4.6	4:20	5.5	9:53	0.7	10:42	1.1	6:00	8:11	
3	Fri	4:36	4.6	5:19	5.8	10:47	0.6	11:42	0.9	6:01	8:10	
4	Sat	5:38	4.7	6:15	6.1	11:44	0.4			6:02	8:08	
5	Sun	6:38	4.9	7:10	6.5	12:41	0.6	12:41	0.2	6:03	8:07	
6	Mon	7:35	5.1	8:05	6.8	1:37	0.3	1:38	-0.1	6:04	8:06	
7	Tue	8:31	5.4	8:58	7.0	2:31	-0.1	2:33	-0.3	6:05	8:05	
8	Wed	9:25	5.7	9:51	7.1	3:21	-0.4	3:27	-0.5	6:06	8:04	
9	Thu	10:18	6.0	10:42	7.0	4:10	-0.6	4:20	-0.6	6:07	8:03	
10	Fri	11:11	6.1	11:35	6.8	4:59	-0.6	5:14	-0.4	6:08	8:02	
11	Sat			12:05	6.2	5:49	-0.5	6:11	-0.2	6:09	8:00	
12	Sun	12:28	6.4	1:00	6.2	6:41	-0.3	7:11	0.1	6:10	7:59	
13	Mon	1:23	6.0	1:56	6.1	7:35	0.0	8:14	0.4	6:10	7:58	
14	Tue	2:19	5.5	2:55	6.0	8:30	0.2	9:19	0.7	6:11	7:57	
15	Wed	3:20	5.1	3:59	5.9	9:27	0.5	10:27	0.9	6:12	7:55	
16	Thu	4:26	4.8	5:03	5.9	10:26	0.6	11:34	1.0	6:13	7:54	
17	Fri	5:29	4.7	6:01	5.9	11:24	0.8			6:14	7:53	
18	Sat	6:26	4.7	6:52	5.9	12:34	0.9	12:20	0.8	6:15	7:51	
19	Sun	7:16	4.8	7:39	6.0	1:27	0.9	1:11	0.7	6:16	7:50	
20	Mon	8:02	4.9	8:21	6.0	2:13	0.8	1:58	0.7	6:17	7:49	
21	Tue	8:43	5.1	9:00	6.1	2:53	0.7	2:41	0.6	6:18	7:47	
22	Wed	9:22	5.2	9:36	6.1	3:28	0.6	3:20	0.6	6:19	7:46	
23	Thu	9:58	5.3	10:12	6.0	4:00	0.6	3:57	0.5	6:20	7:44	
24	Fri	10:34	5.4	10:47	5.9	4:31	0.6	4:34	0.6	6:20	7:43	
25	Sat	11:10	5.4	11:22	5.7	5:03	0.6	5:11	0.7	6:21	7:42	
26	Sun	11:47	5.5	11:59	5.5	5:36	0.7	5:51	0.8	6:22	7:40	
27	Mon			12:26	5.5	6:13	0.8	6:35	1.0	6:23	7:39	
28	Tue	12:38	5.3	1:08	5.5	6:53	0.8	7:23	1.1	6:24	7:37	
29	Wed	1:20	5.1	1:53	5.6	7:36	0.9	8:15	1.2	6:25	7:36	
30	Thu	2:07	4.9	2:44	5.6	8:25	0.9	9:11	1.2	6:26	7:34	
31	Fri	3:02	4.7	3:44	5.8	9:18	0.9	10:12	1.2	6:27	7:33	