

North Highlands Beach, NJ - Dec 1979

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:22	6.2	6:46	5.3			12:44	-0.3	6:59	4:38	
2	Sun	7:13	6.4	7:38	5.2	12:47	-0.6	1:38	-0.5	7:00	4:37	
3	Mon	8:01	6.5	8:27	5.1	1:36	-0.6	2:28	-0.5	7:01	4:37	
4	Tue	8:47	6.5	9:13	5.0	2:22	-0.6	3:14	-0.5	7:02	4:37	
5	Wed	9:31	6.3	9:58	4.8	3:06	-0.5	3:58	-0.3	7:03	4:37	
6	Thu	10:14	6.1	10:44	4.6	3:49	-0.2	4:43	-0.1	7:04	4:37	
7	Fri	10:57	5.8	11:30	4.4	4:34	0.1	5:29	0.1	7:04	4:37	
8	Sat	11:41	5.4			5:21	0.4	6:17	0.3	7:05	4:37	
9	Sun	12:17	4.3	12:25	5.1	6:11	0.6	7:05	0.5	7:06	4:37	
10	Mon	1:05	4.2	1:12	4.8	7:04	0.8	7:53	0.6	7:07	4:37	
11	Tue	1:57	4.2	2:03	4.6	7:59	1.0	8:41	0.6	7:08	4:37	
12	Wed	2:52	4.2	2:59	4.4	8:56	1.0	9:29	0.6	7:09	4:37	
13	Thu	3:48	4.4	3:56	4.3	9:55	0.9	10:16	0.5	7:09	4:37	
14	Fri	4:39	4.7	4:49	4.3	10:50	0.8	11:01	0.3	7:10	4:38	
15	Sat	5:25	5.0	5:38	4.3	11:42	0.6	11:44	0.1	7:11	4:38	
16	Sun	6:09	5.3	6:24	4.4			12:30	0.3	7:11	4:38	
17	Mon	6:52	5.6	7:10	4.5	12:28	-0.1	1:16	0.0	7:12	4:38	
18	Tue	7:36	5.9	7:56	4.5	1:11	-0.3	2:00	-0.3	7:13	4:39	
19	Wed	8:19	6.1	8:41	4.6	1:55	-0.5	2:43	-0.5	7:13	4:39	
20	Thu	9:03	6.2	9:27	4.7	2:39	-0.6	3:26	-0.6	7:14	4:40	
21	Fri	9:49	6.2	10:15	4.7	3:24	-0.7	4:12	-0.7	7:14	4:40	
22	Sat	10:37	6.1	11:07	4.7	4:12	-0.6	5:01	-0.7	7:15	4:41	
23	Sun	11:28	5.9			5:05	-0.5	5:54	-0.6	7:15	4:41	
24	Mon	12:02	4.7	12:23	5.6	6:03	-0.3	6:49	-0.5	7:16	4:42	
25	Tue	1:00	4.8	1:20	5.3	7:06	-0.1	7:45	-0.5	7:16	4:42	
26	Wed	2:03	4.9	2:24	5.0	8:12	0.0	8:43	-0.4	7:17	4:43	
27	Thu	3:09	5.0	3:32	4.7	9:21	0.1	9:42	-0.4	7:17	4:44	
28	Fri	4:15	5.3	4:37	4.6	10:31	0.0	10:40	-0.5	7:17	4:44	
29	Sat	5:14	5.5	5:37	4.5	11:36	-0.1	11:36	-0.5	7:18	4:45	
30	Sun	6:09	5.8	6:32	4.5			12:36	-0.3	7:18	4:46	
31	Mon	6:59	5.9	7:23	4.5	12:29	-0.6	1:29	-0.5	7:18	4:46	