

North Highlands Beach, NJ - Jan 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:47	6.0	8:11	4.5	1:18	-0.6	2:17	-0.5	7:18	4:47	
2	Wed	8:31	5.9	8:55	4.4	2:04	-0.6	3:00	-0.5	7:18	4:48	
3	Thu	9:12	5.8	9:36	4.4	2:47	-0.6	3:40	-0.5	7:18	4:49	
4	Fri	9:51	5.6	10:17	4.3	3:28	-0.4	4:19	-0.3	7:19	4:50	
5	Sat	10:30	5.4	10:58	4.2	4:09	-0.2	4:59	-0.2	7:19	4:51	
6	Sun	11:09	5.1	11:40	4.1	4:51	0.0	5:40	0.0	7:19	4:51	
7	Mon	11:49	4.9			5:36	0.2	6:22	0.1	7:19	4:52	
8	Tue	12:24	4.1	12:31	4.6	6:24	0.5	7:05	0.2	7:18	4:53	
9	Wed	1:09	4.0	1:16	4.3	7:15	0.6	7:49	0.3	7:18	4:54	
10	Thu	1:59	4.1	2:07	4.0	8:09	0.7	8:35	0.3	7:18	4:55	
11	Fri	2:54	4.2	3:04	3.9	9:07	0.7	9:24	0.3	7:18	4:56	
12	Sat	3:51	4.4	4:04	3.8	10:06	0.7	10:14	0.2	7:18	4:57	
13	Sun	4:45	4.7	5:00	3.8	11:04	0.5	11:04	0.0	7:17	4:58	
14	Mon	5:35	5.1	5:53	4.0	11:58	0.2	11:54	-0.3	7:17	4:59	
15	Tue	6:23	5.5	6:43	4.1			12:49	-0.2	7:17	5:00	
16	Wed	7:11	5.8	7:33	4.4	12:44	-0.6	1:37	-0.5	7:17	5:01	
17	Thu	7:59	6.1	8:22	4.6	1:33	-0.8	2:24	-0.8	7:16	5:02	
18	Fri	8:46	6.3	9:11	4.8	2:21	-1.1	3:09	-1.0	7:16	5:04	
19	Sat	9:34	6.3	10:00	4.9	3:09	-1.2	3:55	-1.1	7:15	5:05	
20	Sun	10:23	6.2	10:52	5.0	3:59	-1.1	4:43	-1.1	7:15	5:06	
21	Mon	11:14	5.9	11:45	5.0	4:53	-1.0	5:34	-1.0	7:14	5:07	
22	Tue			12:08	5.5	5:50	-0.7	6:27	-0.9	7:14	5:08	
23	Wed	12:42	5.0	1:04	5.1	6:52	-0.5	7:22	-0.7	7:13	5:09	
24	Thu	1:42	5.0	2:05	4.7	7:57	-0.2	8:19	-0.5	7:12	5:10	
25	Fri	2:47	5.0	3:12	4.3	9:06	0.0	9:19	-0.4	7:12	5:11	
26	Sat	3:55	5.1	4:21	4.1	10:18	0.0	10:20	-0.3	7:11	5:13	
27	Sun	4:58	5.2	5:23	4.1	11:26	0.0	11:18	-0.3	7:10	5:14	
28	Mon	5:55	5.4	6:19	4.1			12:26	-0.1	7:10	5:15	
29	Tue	6:46	5.5	7:09	4.2	12:13	-0.4	1:18	-0.3	7:09	5:16	
30	Wed	7:32	5.5	7:55	4.3	1:03	-0.5	2:03	-0.4	7:08	5:17	
31	Thu	8:14	5.6	8:36	4.3	1:49	-0.5	2:42	-0.4	7:07	5:18	