

North Highlands Beach, NJ - Mar 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:29	5.4	8:48	4.8	2:13	-0.3	2:50	-0.2	6:31	5:52	
2	Sun	9:04	5.4	9:22	4.8	2:49	-0.3	3:21	-0.2	6:30	5:53	
3	Mon	9:37	5.2	9:56	4.9	3:25	-0.3	3:51	-0.1	6:28	5:54	
4	Tue	10:11	5.1	10:31	4.9	4:01	-0.2	4:23	-0.1	6:27	5:55	
5	Wed	10:46	4.9	11:08	4.9	4:38	0.0	4:57	0.1	6:25	5:56	
6	Thu	11:23	4.6	11:47	4.9	5:19	0.2	5:34	0.2	6:24	5:57	
7	Fri			12:02	4.4	6:03	0.4	6:15	0.3	6:22	5:58	
8	Sat	12:29	4.8	12:46	4.1	6:52	0.5	7:01	0.4	6:21	5:59	
9	Sun	1:17	4.8	1:36	3.9	7:45	0.6	7:52	0.5	6:19	6:00	
10	Mon	2:14	4.8	2:38	3.9	8:44	0.7	8:51	0.4	6:18	6:01	
11	Tue	3:19	5.0	3:49	4.0	9:48	0.5	9:54	0.3	6:16	6:02	
12	Wed	4:25	5.2	4:55	4.3	10:50	0.3	10:57	0.0	6:15	6:03	
13	Thu	5:26	5.6	5:53	4.7	11:49	-0.1	11:57	-0.4	6:13	6:04	
14	Fri	6:22	5.9	6:48	5.1			12:43	-0.5	6:11	6:05	
15	Sat	7:16	6.2	7:41	5.6	12:55	-0.8	1:34	-0.8	6:10	6:06	
16	Sun	8:08	6.4	8:31	6.0	1:50	-1.1	2:22	-1.1	6:08	6:07	
17	Mon	8:58	6.4	9:21	6.2	2:42	-1.3	3:09	-1.2	6:07	6:08	
18	Tue	9:48	6.2	10:11	6.3	3:33	-1.3	3:55	-1.1	6:05	6:09	
19	Wed	10:39	5.8	11:02	6.2	4:25	-1.1	4:43	-0.9	6:04	6:10	
20	Thu	11:31	5.4	11:55	6.0	5:21	-0.8	5:34	-0.6	6:02	6:11	
21	Fri			12:26	5.0	6:20	-0.4	6:29	-0.2	6:00	6:12	
22	Sat	12:51	5.7	1:24	4.6	7:22	0.0	7:26	0.1	5:59	6:13	
23	Sun	1:52	5.4	2:29	4.3	8:28	0.3	8:28	0.4	5:57	6:14	
24	Mon	3:00	5.2	3:40	4.1	9:38	0.5	9:34	0.6	5:56	6:15	
25	Tue	4:09	5.1	4:45	4.2	10:44	0.6	10:39	0.6	5:54	6:16	
26	Wed	5:09	5.1	5:39	4.4	11:40	0.5	11:37	0.5	5:53	6:17	
27	Thu	5:59	5.1	6:25	4.6			12:29	0.4	5:51	6:18	
28	Fri	6:44	5.2	7:06	4.8	12:28	0.4	1:10	0.3	5:49	6:19	
29	Sat	7:24	5.3	7:44	5.0	1:13	0.2	1:45	0.2	5:48	6:20	
30	Sun	8:01	5.3	8:19	5.2	1:52	0.1	2:17	0.1	5:46	6:21	
31	Mon	8:36	5.3	8:53	5.4	2:28	0.0	2:47	0.1	5:45	6:22	