

North Highlands Beach, NJ - Jun 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:17	4.7	11:33	6.2	5:15	0.1	5:09	0.3	5:35	8:19	
2	Mon			12:03	4.7	6:00	0.1	5:56	0.3	5:35	8:20	
3	Tue	12:20	6.1	12:53	4.7	6:49	0.1	6:50	0.4	5:34	8:20	
4	Wed	1:10	6.0	1:46	4.8	7:41	0.1	7:48	0.5	5:34	8:21	
5	Thu	2:04	5.8	2:44	4.9	8:35	0.1	8:50	0.5	5:34	8:22	
6	Fri	3:02	5.6	3:47	5.2	9:31	0.1	9:55	0.5	5:34	8:22	
7	Sat	4:07	5.4	4:52	5.5	10:28	0.0	11:03	0.4	5:33	8:23	
8	Sun	5:13	5.3	5:52	5.9	11:25	-0.1			5:33	8:24	
9	Mon	6:15	5.3	6:48	6.3	12:08	0.2	12:20	-0.2	5:33	8:24	
10	Tue	7:13	5.3	7:42	6.6	1:11	0.0	1:14	-0.3	5:33	8:25	
11	Wed	8:09	5.3	8:34	6.7	2:09	-0.2	2:07	-0.4	5:33	8:25	
12	Thu	9:03	5.2	9:24	6.8	3:04	-0.4	2:57	-0.4	5:33	8:26	
13	Fri	9:54	5.1	10:12	6.7	3:54	-0.4	3:45	-0.3	5:33	8:26	
14	Sat	10:43	5.1	10:59	6.5	4:41	-0.3	4:32	-0.1	5:33	8:26	
15	Sun	11:31	4.9	11:44	6.2	5:28	-0.1	5:19	0.1	5:33	8:27	
16	Mon			12:20	4.8	6:16	0.1	6:08	0.4	5:33	8:27	
17	Tue	12:30	5.9	1:07	4.7	7:05	0.3	7:00	0.7	5:33	8:27	
18	Wed	1:15	5.5	1:55	4.6	7:53	0.5	7:53	1.0	5:33	8:28	
19	Thu	2:01	5.2	2:44	4.6	8:40	0.7	8:47	1.2	5:33	8:28	
20	Fri	2:49	4.9	3:36	4.7	9:26	0.8	9:42	1.2	5:34	8:28	
21	Sat	3:41	4.7	4:30	4.8	10:12	0.8	10:40	1.3	5:34	8:28	
22	Sun	4:37	4.5	5:21	5.0	10:58	0.8	11:36	1.2	5:34	8:29	
23	Mon	5:31	4.5	6:08	5.3	11:43	0.8			5:34	8:29	
24	Tue	6:21	4.5	6:53	5.5	12:28	1.0	12:27	0.7	5:35	8:29	
25	Wed	7:09	4.5	7:37	5.8	1:18	0.8	1:11	0.5	5:35	8:29	
26	Thu	7:56	4.6	8:20	6.1	2:04	0.6	1:54	0.4	5:35	8:29	
27	Fri	8:42	4.6	9:04	6.3	2:48	0.4	2:38	0.2	5:36	8:29	
28	Sat	9:27	4.7	9:47	6.4	3:30	0.2	3:21	0.1	5:36	8:29	
29	Sun	10:12	4.8	10:31	6.5	4:12	0.0	4:05	0.0	5:36	8:29	
30	Mon	10:58	4.9	11:16	6.5	4:55	-0.1	4:51	0.0	5:37	8:29	