

North Highlands Beach, NJ - Dec 1980

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:08	4.6	4:18	4.6	10:13	1.0	10:42	0.5	7:00	4:37	
2	Tue	4:57	4.8	5:08	4.5	11:09	0.9	11:24	0.5	7:01	4:37	
3	Wed	5:41	5.0	5:53	4.5	11:58	0.7			7:02	4:37	
4	Thu	6:21	5.3	6:35	4.5	12:04	0.4	12:44	0.5	7:02	4:37	
5	Fri	7:00	5.5	7:17	4.5	12:42	0.2	1:25	0.3	7:03	4:37	
6	Sat	7:39	5.7	7:57	4.5	1:19	0.1	2:04	0.1	7:04	4:37	
7	Sun	8:17	5.8	8:36	4.5	1:55	0.0	2:41	0.0	7:05	4:37	
8	Mon	8:54	5.9	9:15	4.4	2:32	0.0	3:18	0.0	7:06	4:37	
9	Tue	9:33	5.9	9:55	4.4	3:09	0.0	3:56	-0.1	7:07	4:37	
10	Wed	10:13	5.8	10:38	4.3	3:48	0.0	4:37	0.0	7:08	4:37	
11	Thu	10:56	5.7	11:24	4.3	4:32	0.1	5:23	0.0	7:08	4:37	
12	Fri	11:42	5.6			5:21	0.2	6:12	0.0	7:09	4:37	
13	Sat	12:15	4.4	12:33	5.4	6:16	0.3	7:04	-0.1	7:10	4:38	
14	Sun	1:10	4.5	1:28	5.2	7:16	0.3	7:58	-0.1	7:11	4:38	
15	Mon	2:10	4.7	2:30	5.0	8:20	0.3	8:55	-0.2	7:11	4:38	
16	Tue	3:16	4.9	3:37	4.9	9:27	0.2	9:52	-0.4	7:12	4:38	
17	Wed	4:19	5.3	4:41	4.9	10:34	0.0	10:49	-0.6	7:13	4:39	
18	Thu	5:18	5.8	5:42	4.9	11:38	-0.3	11:45	-0.7	7:13	4:39	
19	Fri	6:14	6.1	6:39	4.9			12:39	-0.6	7:14	4:40	
20	Sat	7:07	6.4	7:34	4.9	12:39	-0.9	1:35	-0.8	7:14	4:40	
21	Sun	7:59	6.6	8:26	4.9	1:31	-1.0	2:28	-0.9	7:15	4:40	
22	Mon	8:48	6.5	9:17	4.8	2:21	-1.0	3:16	-0.9	7:15	4:41	
23	Tue	9:36	6.4	10:06	4.7	3:09	-0.9	4:04	-0.8	7:16	4:42	
24	Wed	10:23	6.1	10:55	4.6	3:57	-0.7	4:52	-0.5	7:16	4:42	
25	Thu	11:10	5.7	11:44	4.4	4:46	-0.3	5:41	-0.3	7:17	4:43	
26	Fri	11:57	5.3			5:37	0.0	6:31	-0.1	7:17	4:43	
27	Sat	12:34	4.3	12:44	4.9	6:31	0.3	7:20	0.1	7:17	4:44	
28	Sun	1:25	4.2	1:33	4.5	7:27	0.6	8:09	0.3	7:18	4:45	
29	Mon	2:18	4.2	2:26	4.2	8:25	0.7	8:58	0.4	7:18	4:45	
30	Tue	3:15	4.2	3:23	4.0	9:25	0.8	9:46	0.4	7:18	4:46	
31	Wed	4:10	4.4	4:20	3.9	10:25	0.8			7:18	4:47	