

North Highlands Beach, NJ - Jan 1981

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:01	4.6	5:14	3.9	11:23	0.6	11:21	0.2	7:18	4:48	
2	Fri	5:46	4.9	6:01	3.9			12:13	0.4	7:18	4:49	
3	Sat	6:29	5.2	6:47	4.0	12:04	0.1	12:58	0.2	7:19	4:49	
4	Sun	7:11	5.4	7:30	4.1	12:46	-0.1	1:40	0.0	7:19	4:50	
5	Mon	7:52	5.6	8:12	4.1	1:27	-0.3	2:19	-0.3	7:19	4:51	
6	Tue	8:33	5.8	8:54	4.2	2:07	-0.4	2:57	-0.4	7:19	4:52	
7	Wed	9:13	5.9	9:35	4.3	2:48	-0.5	3:36	-0.5	7:18	4:53	
8	Thu	9:55	5.9	10:19	4.4	3:30	-0.6	4:17	-0.6	7:18	4:54	
9	Fri	10:39	5.8	11:06	4.5	4:15	-0.6	5:02	-0.6	7:18	4:55	
10	Sat	11:25	5.6	11:56	4.5	5:05	-0.5	5:50	-0.6	7:18	4:56	
11	Sun			12:15	5.3	6:00	-0.3	6:40	-0.6	7:18	4:57	
12	Mon	12:49	4.6	1:09	5.0	6:59	-0.2	7:33	-0.5	7:18	4:58	
13	Tue	1:48	4.8	2:09	4.7	8:03	-0.1	8:29	-0.5	7:17	4:59	
14	Wed	2:53	4.9	3:16	4.4	9:11	0.0	9:28	-0.5	7:17	5:00	
15	Thu	4:00	5.2	4:25	4.3	10:21	-0.1	10:28	-0.6	7:17	5:01	
16	Fri	5:03	5.5	5:29	4.3	11:28	-0.2	11:26	-0.7	7:16	5:02	
17	Sat	6:01	5.8	6:28	4.3			12:31	-0.4	7:16	5:03	
18	Sun	6:56	6.0	7:23	4.4	12:23	-0.8	1:28	-0.6	7:15	5:04	
19	Mon	7:48	6.1	8:15	4.5	1:17	-0.9	2:18	-0.8	7:15	5:06	
20	Tue	8:36	6.1	9:02	4.5	2:08	-0.9	3:04	-0.8	7:14	5:07	
21	Wed	9:21	5.9	9:46	4.5	2:55	-0.9	3:46	-0.7	7:14	5:08	
22	Thu	10:03	5.7	10:30	4.5	3:39	-0.7	4:28	-0.6	7:13	5:09	
23	Fri	10:45	5.4	11:13	4.4	4:24	-0.5	5:09	-0.4	7:13	5:10	
24	Sat	11:26	5.0	11:56	4.3	5:10	-0.2	5:52	-0.2	7:12	5:11	
25	Sun			12:07	4.7	5:58	0.1	6:35	0.0	7:11	5:12	
26	Mon	12:40	4.2	12:49	4.3	6:48	0.4	7:18	0.2	7:10	5:13	
27	Tue	1:27	4.2	1:36	4.0	7:40	0.6	8:03	0.3	7:10	5:15	
28	Wed	2:18	4.2	2:29	3.7	8:36	0.7	8:51	0.4	7:09	5:16	
29	Thu	3:15	4.3	3:30	3.6	9:37	0.8	9:42	0.4	7:08	5:17	
30	Fri	4:13	4.4	4:30	3.5	10:37	0.7	10:33	0.3	7:07	5:18	
31	Sat	5:06	4.7	5:25	3.6	11:33	0.5	11:23	0.2	7:06	5:19	