US HARBORS www.USHarbors.com

North Highlands Beach, NJ - Mar 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:11	5.9	10:36	5.6	3:53	-1.1	4:24	-0.9	6:32	5:51	
2	Wed	10:58	5.5	11:24	5.5	4:43	-0.8	5:09	-0.6	6:31	5:52	
3	Thu	11:45	5.0			5:36	-0.5	5:56	-0.3	6:29	5:53	
4	Fri	12:12	5.3	12:33	4.5	6:31	0.0	6:44	0.0	6:28	5:54	
5	Sat	1:02	5.1	1:23	4.1	7:28	0.3	7:34	0.3	6:26	5:56	
6	Sun	1:56	4.9	2:21	3.7	8:29	0.6	8:28	0.6	6:25	5:57	
7	Mon	2:57	4.7	3:27	3.6	9:35	0.8	9:27	0.7	6:23	5:58	
8	Tue	4:01	4.7	4:33	3.6	10:41	0.8	10:27	0.8	6:22	5:59	
9	Wed	4:59	4.8	5:28	3.7	11:39	0.8	11:23	0.7	6:20	6:00	
10	Thu	5:50	4.9	6:15	3.9			12:27	0.6	6:19	6:01	
11	Fri	6:35	5.1	6:57	4.2	12:14	0.5	1:08	0.4	6:17	6:02	
12	Sat	7:17	5.3	7:36	4.5	12:58	0.2	1:43	0.2	6:16	6:03	
13	Sun	7:56	5.4	8:13	4.7	1:39	0.0	2:15	0.0	6:14	6:04	
14	Mon	8:33	5.5	8:48	4.9	2:17	-0.1	2:46	-0.1	6:13	6:05	
15	Tue	9:08	5.4	9:23	5.1	2:54	-0.3	3:17	-0.2	6:11	6:06	
16	Wed	9:44	5.3	9:59	5.3	3:31	-0.3	3:50	-0.2	6:09	6:07	
17	Thu	10:21	5.1	10:37	5.4	4:11	-0.2	4:26	-0.2	6:08	6:08	
18	Fri	11:00	4.9	11:19	5.5	4:54	-0.1	5:06	-0.1	6:06	6:09	
19	Sat	11:44	4.6			5:43	0.0	5:51	0.0	6:05	6:10	
20	Sun	12:06	5.5	12:33	4.4	6:37	0.2	6:42	0.1	6:03	6:11	
21	Mon	1:00	5.4	1:31	4.1	7:37	0.4	7:40	0.2	6:02	6:12	
22	Tue	2:02	5.4	2:42	4.0	8:43	0.5	8:44	0.3	6:00	6:13	
23	Wed	3:16	5.4	4:00	4.1	9:54	0.4	9:54	0.2	5:58	6:14	
24	Thu	4:30	5.6	5:09	4.4	11:02	0.2	11:02	0.0	5:57	6:15	
25	Fri	5:35	5.8	6:09	4.8			12:03	-0.1	5:55	6:16	
26	Sat	6:34	6.0	7:03	5.3	12:07	-0.3	12:58	-0.3	5:54	6:17	
27	Sun	7:28	6.1	7:54	5.7	1:06	-0.6	1:47	-0.6	5:52	6:18	
28	Mon	8:18	6.1	8:41	6.0	2:00	-0.8	2:31	-0.7	5:51	6:18	
29	Tue	9:04	5.9	9:25	6.1	2:50	-0.9	3:13	-0.7	5:49	6:19	
30	Wed	9:49	5.7	10:09	6.1	3:37	-0.8	3:53	-0.5	5:47	6:20	
31	Thu	10:32	5.3	10:52	5.9	4:24	-0.5	4:35	-0.2	5:46	6:21	