US HARBORS www.USHarbors.com

North Highlands Beach, NJ - Jul 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:13	5.4	1:45	4.5	7:44	0.7	7:46	1.1	5:37	8:29	
2	Sat	1:55	5.1	2:31	4.6	8:25	0.7	8:38	1.2	5:38	8:29	
3	Sun	2:41	4.9	3:20	4.8	9:08	0.7	9:33	1.2	5:38	8:29	
4	Mon	3:32	4.7	4:14	5.0	9:54	0.7	10:31	1.1	5:39	8:29	
5	Tue	4:29	4.6	5:09	5.4	10:43	0.5	11:31	0.9	5:39	8:28	
6	Wed	5:27	4.6	6:02	5.8	11:33	0.4			5:40	8:28	
7	Thu	6:24	4.6	6:54	6.2	12:29	0.7	12:26	0.2	5:40	8:28	
8	Fri	7:20	4.7	7:47	6.6	1:27	0.4	1:19	0.0	5:41	8:28	
9	Sat	8:16	4.8	8:41	6.9	2:22	0.1	2:13	-0.2	5:42	8:27	
10	Sun	9:12	5.0	9:34	7.0	3:15	-0.2	3:06	-0.4	5:42	8:27	
11	Mon	10:07	5.1	10:28	7.1	4:07	-0.4	3:59	-0.5	5:43	8:27	
12	Tue	11:02	5.2	11:21	6.9	4:57	-0.4	4:53	-0.4	5:43	8:26	
13	Wed	11:57	5.3			5:50	-0.4	5:50	-0.2	5:44	8:26	
14	Thu	12:16	6.6	12:54	5.4	6:44	-0.3	6:50	0.0	5:45	8:25	
15	Fri	1:11	6.3	1:51	5.5	7:38	-0.1	7:54	0.3	5:46	8:25	
16	Sat	2:07	5.8	2:49	5.6	8:32	0.0	8:58	0.5	5:46	8:24	
17	Sun	3:06	5.3	3:50	5.6	9:26	0.2	10:05	0.7	5:47	8:24	
18	Mon	4:08	4.9	4:51	5.7	10:20	0.4	11:12	0.8	5:48	8:23	
19	Tue	5:11	4.7	5:48	5.8	11:14	0.5			5:49	8:22	
20	Wed	6:09	4.5	6:40	5.9	12:15	0.8	12:06	0.6	5:49	8:22	
21	Thu	7:02	4.4	7:27	6.0	1:13	0.8	12:56	0.6	5:50	8:21	
22	Fri	7:51	4.4	8:12	6.0	2:05	0.7	1:44	0.6	5:51	8:20	
23	Sat	8:36	4.5	8:54	6.1	2:50	0.6	2:28	0.6	5:52	8:20	
24	Sun	9:17	4.5	9:33	6.1	3:29	0.5	3:09	0.6	5:53	8:19	
25	Mon	9:56	4.6	10:10	6.1	4:05	0.5	3:47	0.6	5:54	8:18	
26	Tue	10:33	4.7	10:47	6.0	4:38	0.5	4:25	0.6	5:54	8:17	
27	Wed	11:11	4.7	11:24	5.9	5:12	0.5	5:03	0.7	5:55	8:16	
28	Thu	11:49	4.8			5:47	0.6	5:43	0.8	5:56	8:15	
29	Fri	12:02	5.7	12:27	4.8	6:23	0.6	6:27	0.9	5:57	8:14	
30	Sat	12:40	5.5	1:08	4.9	7:01	0.7	7:13	1.0	5:58	8:14	
31	Sun	1:20	5.2	1:50	5.1	7:41	0.7	8:04	1.1	5:59	8:13	