

































## North Highlands Beach, NJ - Jan 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:54	5.2			5:38	0.0	6:26	-0.1	7:18	4:48	
2	Thu	12:30	4.3	12:42	4.9	6:33	0.1	7:14	-0.1	7:18	4:48	
3	Fri	1:23	4.5	1:35	4.6	7:33	0.2	8:04	-0.2	7:18	4:49	
4	Sat	2:21	4.7	2:35	4.4	8:38	0.2	8:58	-0.3	7:19	4:50	
5	Sun	3:25	5.0	3:43	4.1	9:46	0.1	9:56	-0.3	7:19	4:51	
6	Mon	4:29	5.4	4:51	4.1	10:54	0.0	10:54	-0.5	7:19	4:52	
7	Tue	5:29	5.8	5:54	4.1	11:59	-0.3	11:52	-0.6	7:18	4:53	
8	Wed	6:27	6.1	6:54	4.1			1:01	-0.5	7:18	4:54	
9	Thu	7:24	6.3	7:51	4.2	12:50	-0.8	1:58	-0.7	7:18	4:55	
10	Fri	8:17	6.4	8:45	4.3	1:45	-0.9	2:49	-0.8	7:18	4:56	
11	Sat	9:09	6.3	9:36	4.4	2:38	-0.9	3:37	-0.8	7:18	4:57	
12	Sun	9:58	6.1	10:25	4.4	3:28	-0.8	4:23	-0.7	7:18	4:58	
13	Mon	10:45	5.8	11:14	4.4	4:18	-0.6	5:10	-0.5	7:17	4:59	
14	Tue	11:32	5.4			5:10	-0.3	5:57	-0.3	7:17	5:00	
15	Wed	12:02	4.4	12:18	4.9	6:04	0.0	6:43	-0.1	7:17	5:01	
16	Thu	12:50	4.3	1:03	4.4	7:00	0.3	7:28	0.1	7:16	5:02	
17	Fri	1:39	4.3	1:52	4.0	7:57	0.6	8:14	0.2	7:16	5:03	
18	Sat	2:32	4.2	2:47	3.7	8:58	0.7	9:01	0.4	7:15	5:04	
19	Sun	3:29	4.3	3:47	3.5	10:02	0.8	9:50	0.4	7:15	5:05	
20	Mon	4:24	4.5	4:44	3.4	11:03	0.7	10:40	0.4	7:14	5:06	
21	Tue	5:15	4.7	5:37	3.4	11:59	0.6	11:29	0.3	7:14	5:07	
22	Wed	6:02	4.9	6:25	3.5			12:48	0.4	7:13	5:09	
23	Thu	6:47	5.1	7:10	3.6	12:16	0.1	1:31	0.2	7:13	5:10	
24	Fri	7:30	5.4	7:53	3.8	1:00	-0.1	2:08	0.0	7:12	5:11	
25	Sat	8:11	5.5	8:33	4.0	1:43	-0.3	2:43	-0.2	7:11	5:12	
26	Sun	8:50	5.6	9:13	4.2	2:24	-0.4	3:17	-0.3	7:11	5:13	
27	Mon	9:29	5.7	9:52	4.3	3:05	-0.6	3:52	-0.4	7:10	5:14	
28	Tue	10:08	5.6	10:34	4.5	3:47	-0.6	4:30	-0.5	7:09	5:16	
29	Wed	10:49	5.4	11:18	4.7	4:32	-0.5	5:10	-0.5	7:08	5:17	
30	Thu	11:33	5.1			5:21	-0.4	5:54	-0.5	7:07	5:18	
31	Fri	12:05	4.8	12:20	4.8	6:16	-0.2	6:42	-0.4	7:07	5:19	