






























North Highlands Beach, NJ - Jul 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:30	5.5	1:04	4.5	7:02	0.7	6:57	1.0	5:37	8:29	
2	Thu	1:09	5.3	1:46	4.6	7:41	0.7	7:47	1.1	5:38	8:29	
3	Fri	1:51	5.1	2:31	4.8	8:21	0.7	8:40	1.1	5:38	8:29	
4	Sat	2:36	4.8	3:21	5.0	9:04	0.6	9:37	1.1	5:39	8:29	
5	Sun	3:28	4.6	4:16	5.3	9:51	0.6	10:37	1.0	5:39	8:28	
6	Mon	4:27	4.4	5:13	5.7	10:42	0.5	11:39	0.8	5:40	8:28	
7	Tue	5:29	4.4	6:10	6.1	11:36	0.3			5:40	8:28	
8	Wed	6:30	4.4	7:06	6.5	12:41	0.6	12:32	0.2	5:41	8:28	
9	Thu	7:31	4.5	8:02	6.8	1:41	0.3	1:29	0.0	5:42	8:27	
10	Fri	8:30	4.7	8:59	7.0	2:39	0.0	2:27	-0.2	5:42	8:27	
11	Sat	9:28	4.9	9:54	7.1	3:32	-0.2	3:22	-0.4	5:43	8:27	
12	Sun	10:24	5.1	10:48	7.0	4:24	-0.4	4:17	-0.4	5:44	8:26	
13	Mon	11:19	5.2	11:41	6.8	5:14	-0.4	5:13	-0.3	5:44	8:26	
14	Tue			12:15	5.4	6:06	-0.3	6:11	-0.1	5:45	8:25	
15	Wed	12:35	6.4	1:10	5.5	6:58	-0.2	7:13	0.2	5:46	8:25	
16	Thu	1:28	5.9	2:05	5.5	7:50	0.0	8:17	0.5	5:46	8:24	
17	Fri	2:22	5.4	3:01	5.6	8:40	0.2	9:21	0.7	5:47	8:24	
18	Sat	3:19	4.9	4:01	5.6	9:31	0.4	10:28	0.9	5:48	8:23	
19	Sun	4:20	4.5	5:00	5.6	10:23	0.6	11:33	1.0	5:49	8:22	
20	Mon	5:21	4.3	5:55	5.7	11:16	0.7			5:50	8:22	
21	Tue	6:17	4.2	6:45	5.7	12:34	1.0	12:07	0.8	5:50	8:21	
22	Wed	7:09	4.2	7:32	5.8	1:30	1.0	12:57	0.8	5:51	8:20	
23	Thu	7:56	4.2	8:15	5.9	2:18	0.9	1:44	0.8	5:52	8:20	
24	Fri	8:40	4.3	8:56	6.0	3:01	0.8	2:28	0.7	5:53	8:19	
25	Sat	9:21	4.4	9:35	6.0	3:37	0.7	3:09	0.6	5:54	8:18	
26	Sun	9:59	4.5	10:11	6.0	4:11	0.6	3:48	0.6	5:54	8:17	
27	Mon	10:36	4.7	10:47	5.9	4:42	0.6	4:26	0.6	5:55	8:16	
28	Tue	11:13	4.8	11:23	5.8	5:14	0.6	5:04	0.7	5:56	8:15	
29	Wed	11:51	4.9	11:59	5.6	5:46	0.6	5:45	0.8	5:57	8:14	
30	Thu			12:29	5.0	6:21	0.6	6:29	0.9	5:58	8:14	
31	Fri	12:37	5.4	1:09	5.2	6:58	0.6	7:17	1.0	5:59	8:13	