

































## North Highlands Beach, NJ - Jan 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:38	5.5	7:01	3.9	12:03	-0.1	1:18	0.0	7:18	4:47	
2	Sat	7:23	5.6	7:46	3.9	12:51	-0.1	2:04	0.0	7:18	4:48	
3	Sun	8:05	5.6	8:28	3.9	1:35	-0.2	2:43	-0.1	7:18	4:49	
4	Mon	8:44	5.5	9:06	3.9	2:17	-0.2	3:19	-0.1	7:19	4:50	
5	Tue	9:21	5.5	9:44	3.9	2:55	-0.2	3:54	0.0	7:19	4:51	
6	Wed	9:57	5.3	10:22	3.9	3:33	-0.1	4:28	0.0	7:19	4:51	
7	Thu	10:34	5.2	11:01	4.0	4:12	0.0	5:03	0.1	7:18	4:52	
8	Fri	11:11	4.9	11:40	4.0	4:53	0.2	5:40	0.2	7:18	4:53	
9	Sat	11:49	4.7			5:37	0.4	6:18	0.2	7:18	4:54	
10	Sun	12:22	4.0	12:29	4.4	6:25	0.5	6:57	0.3	7:18	4:55	
11	Mon	1:06	4.1	1:13	4.1	7:17	0.6	7:39	0.3	7:18	4:56	
12	Tue	1:55	4.3	2:02	3.8	8:12	0.7	8:25	0.3	7:18	4:57	
13	Wed	2:51	4.5	3:02	3.6	9:14	0.7	9:17	0.2	7:17	4:58	
14	Thu	3:51	4.8	4:08	3.5	10:18	0.5	10:13	0.0	7:17	4:59	
15	Fri	4:51	5.1	5:11	3.6	11:21	0.3	11:11	-0.2	7:17	5:00	
16	Sat	5:47	5.5	6:10	3.8			12:20	-0.1	7:16	5:01	
17	Sun	6:42	5.9	7:07	4.0	12:08	-0.5	1:16	-0.4	7:16	5:03	
18	Mon	7:36	6.2	8:02	4.3	1:04	-0.8	2:08	-0.8	7:16	5:04	
19	Tue	8:28	6.4	8:54	4.6	1:59	-1.1	2:56	-1.0	7:15	5:05	
20	Wed	9:19	6.5	9:46	4.8	2:51	-1.2	3:43	-1.1	7:15	5:06	
21	Thu	10:10	6.3	10:37	5.0	3:44	-1.2	4:31	-1.1	7:14	5:07	
22	Fri	11:01	6.0	11:30	5.1	4:38	-1.0	5:20	-1.0	7:14	5:08	
23	Sat	11:52	5.5			5:36	-0.8	6:10	-0.8	7:13	5:09	
24	Sun	12:24	5.1	12:45	4.9	6:37	-0.4	7:01	-0.6	7:12	5:10	
25	Mon	1:20	5.0	1:41	4.4	7:41	-0.1	7:54	-0.3	7:12	5:11	
26	Tue	2:21	5.0	2:44	3.9	8:49	0.2	8:49	-0.1	7:11	5:13	
27	Wed	3:27	4.9	3:52	3.6	10:01	0.4	9:47	0.1	7:10	5:14	
28	Thu	4:31	4.9	4:57	3.5	11:10	0.4	10:46	0.1	7:09	5:15	
29	Fri	5:29	5.0	5:54	3.5			12:12	0.3	7:09	5:16	
30	Sat	6:21	5.1	6:44	3.6			1:04	0.2	7:08	5:17	
31	Sun	7:07	5.2	7:29	3.7	12:33	0.0	1:48	0.1	7:07	5:18	