

































North Highlands Beach, NJ - Mar 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:23	5.2	7:42	4.3	1:01	0.2	1:56	0.2	6:31	5:52	
2	Wed	8:00	5.2	8:17	4.5	1:42	0.0	2:26	0.1	6:30	5:53	
3	Thu	8:34	5.3	8:51	4.7	2:19	-0.1	2:53	0.0	6:28	5:54	
4	Fri	9:07	5.2	9:24	4.9	2:55	-0.2	3:21	-0.1	6:27	5:55	
5	Sat	9:40	5.1	9:57	5.0	3:29	-0.2	3:49	-0.1	6:25	5:56	
6	Sun	10:13	4.8	10:32	5.1	4:06	-0.1	4:20	0.0	6:24	5:57	
7	Mon	10:47	4.6	11:09	5.1	4:45	0.0	4:53	0.1	6:22	5:58	
8	Tue	11:25	4.3	11:51	5.1	5:28	0.2	5:32	0.2	6:21	5:59	
9	Wed			12:07	4.0	6:17	0.4	6:17	0.3	6:19	6:00	
10	Thu	12:39	5.1	12:57	3.8	7:12	0.6	7:10	0.4	6:18	6:01	
11	Fri	1:35	5.1	1:59	3.6	8:14	0.7	8:11	0.4	6:16	6:02	
12	Sat	2:44	5.1	3:16	3.6	9:23	0.6	9:19	0.4	6:14	6:04	
13	Sun	3:59	5.3	4:33	3.9	10:32	0.5	10:30	0.1	6:13	6:05	
14	Mon	5:07	5.6	5:37	4.4	11:35	0.1	11:37	-0.2	6:11	6:06	
15	Tue	6:07	5.9	6:34	4.9			12:31	-0.2	6:10	6:07	
16	Wed	7:02	6.1	7:27	5.4	12:39	-0.6	1:22	-0.6	6:08	6:08	
17	Thu	7:54	6.2	8:17	5.9	1:36	-0.9	2:08	-0.8	6:07	6:08	
18	Fri	8:43	6.1	9:04	6.2	2:29	-1.1	2:52	-0.9	6:05	6:09	
19	Sat	9:30	5.9	9:51	6.3	3:19	-1.1	3:35	-0.9	6:03	6:10	
20	Sun	10:17	5.5	10:37	6.2	4:09	-0.9	4:18	-0.7	6:02	6:11	
21	Mon	11:04	5.0	11:25	6.0	5:00	-0.5	5:03	-0.3	6:00	6:12	
22	Tue	11:53	4.6			5:55	-0.1	5:51	0.0	5:59	6:13	
23	Wed	12:15	5.6	12:45	4.1	6:52	0.3	6:43	0.4	5:57	6:14	
24	Thu	1:09	5.3	1:42	3.8	7:54	0.7	7:40	0.8	5:56	6:15	
25	Fri	2:09	4.9	2:50	3.6	9:02	0.9	8:42	1.0	5:54	6:16	
26	Sat	3:19	4.8	4:01	3.7	10:11	1.0	9:49	1.0	5:52	6:17	
27	Sun	4:25	4.7	5:00	3.8	11:10	1.0	10:52	0.9	5:51	6:18	
28	Mon	5:20	4.8	5:48	4.1	11:59	0.8	11:47	0.8	5:49	6:19	
29	Tue	6:06	5.0	6:30	4.4			12:39	0.7	5:48	6:20	
30	Wed	6:48	5.1	7:08	4.8	12:35	0.5	1:13	0.5	5:46	6:21	
31	Thu	7:26	5.1	7:44	5.1	1:17	0.3	1:44	0.3	5:45	6:22	