

































## North Highlands Beach, NJ - May 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	5:31	5.4	6:06	5.5	11:48	0.1			6:01	7:52	
2	Tue	6:30	5.5	7:00	6.0	12:19	0.1	12:41	-0.1	6:00	7:53	
3	Wed	7:26	5.5	7:52	6.5	1:20	-0.2	1:32	-0.4	5:58	7:54	
4	Thu	8:20	5.5	8:43	6.8	2:18	-0.5	2:21	-0.5	5:57	7:55	
5	Fri	9:13	5.4	9:33	7.0	3:12	-0.6	3:10	-0.6	5:56	7:56	
6	Sat	10:04	5.2	10:23	7.0	4:04	-0.6	3:57	-0.5	5:55	7:57	
7	Sun	10:56	5.0	11:14	6.8	4:55	-0.5	4:46	-0.3	5:54	7:58	
8	Mon	11:48	4.8			5:48	-0.2	5:36	0.0	5:53	7:59	
9	Tue	12:06	6.4	12:43	4.6	6:44	0.1	6:31	0.4	5:52	8:00	
10	Wed	1:00	6.0	1:39	4.4	7:42	0.4	7:30	0.7	5:51	8:01	
11	Thu	1:55	5.6	2:37	4.3	8:40	0.7	8:32	1.0	5:50	8:01	
12	Fri	2:52	5.2	3:39	4.3	9:37	0.8	9:36	1.2	5:49	8:02	
13	Sat	3:52	4.9	4:39	4.5	10:31	0.9	10:40	1.2	5:48	8:03	
14	Sun	4:52	4.7	5:32	4.7	11:20	0.9	11:40	1.1	5:47	8:04	
15	Mon	5:45	4.6	6:18	5.0			12:04	0.9	5:46	8:05	
16	Tue	6:31	4.6	6:58	5.2	12:34	1.0	12:43	0.8	5:45	8:06	
17	Wed	7:15	4.6	7:38	5.5	1:22	0.8	1:21	0.7	5:44	8:07	
18	Thu	7:56	4.5	8:16	5.7	2:07	0.7	1:57	0.6	5:44	8:08	
19	Fri	8:37	4.5	8:54	5.9	2:47	0.5	2:33	0.5	5:43	8:09	
20	Sat	9:17	4.5	9:32	6.0	3:26	0.4	3:09	0.5	5:42	8:10	
21	Sun	9:56	4.4	10:11	6.1	4:03	0.4	3:46	0.5	5:41	8:10	
22	Mon	10:36	4.4	10:51	6.1	4:40	0.4	4:24	0.5	5:41	8:11	
23	Tue	11:17	4.3	11:33	6.1	5:20	0.4	5:05	0.5	5:40	8:12	
24	Wed			12:02	4.3	6:04	0.4	5:51	0.6	5:39	8:13	
25	Thu	12:19	6.0	12:50	4.4	6:52	0.5	6:44	0.6	5:39	8:14	
26	Fri	1:08	5.8	1:43	4.5	7:42	0.4	7:42	0.7	5:38	8:15	
27	Sat	2:00	5.7	2:39	4.7	8:34	0.4	8:44	0.7	5:38	8:15	
28	Sun	2:57	5.5	3:40	5.0	9:26	0.3	9:50	0.6	5:37	8:16	
29	Mon	3:59	5.3	4:42	5.4	10:21	0.2	10:57	0.5	5:37	8:17	
30	Tue	5:04	5.1	5:42	5.9	11:15	0.0			5:36	8:18	
31	Wed	6:05	5.1	6:38	6.3	12:02	0.3	12:09	-0.1	5:36	8:18	