































North Highlands Beach, NJ - Jun 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	7:03	5.0	7:32	6.6	1:05	0.1	1:03	-0.2	5:35	8:19	
2	Fri	8:00	4.9	8:25	6.8	2:05	-0.1	1:56	-0.3	5:35	8:20	
3	Sat	8:56	4.9	9:17	6.9	3:01	-0.3	2:47	-0.3	5:35	8:20	
4	Sun	9:49	4.8	10:08	6.8	3:53	-0.3	3:38	-0.2	5:34	8:21	
5	Mon	10:40	4.8	10:58	6.6	4:43	-0.2	4:27	-0.1	5:34	8:22	
6	Tue	11:31	4.7	11:47	6.3	5:32	0.0	5:17	0.2	5:34	8:22	
7	Wed			12:23	4.6	6:23	0.2	6:09	0.5	5:33	8:23	
8	Thu	12:36	5.9	1:13	4.5	7:14	0.4	7:04	0.8	5:33	8:23	
9	Fri	1:24	5.5	2:04	4.5	8:04	0.6	8:01	1.0	5:33	8:24	
10	Sat	2:11	5.2	2:55	4.6	8:51	0.7	8:58	1.2	5:33	8:24	
11	Sun	3:00	4.8	3:47	4.6	9:36	0.8	9:56	1.3	5:33	8:25	
12	Mon	3:53	4.5	4:40	4.8	10:21	0.9	10:55	1.3	5:33	8:25	
13	Tue	4:48	4.3	5:29	5.0	11:05	0.9	11:52	1.2	5:33	8:26	
14	Wed	5:41	4.2	6:15	5.3	11:48	0.9			5:33	8:26	
15	Thu	6:30	4.2	6:59	5.5	12:45	1.1	12:30	0.8	5:33	8:27	
16	Fri	7:17	4.2	7:42	5.8	1:34	0.9	1:13	0.7	5:33	8:27	
17	Sat	8:04	4.2	8:25	6.0	2:19	0.7	1:56	0.6	5:33	8:27	
18	Sun	8:49	4.2	9:08	6.2	3:02	0.6	2:39	0.5	5:33	8:28	
19	Mon	9:33	4.3	9:50	6.3	3:41	0.4	3:21	0.4	5:33	8:28	
20	Tue	10:16	4.4	10:33	6.3	4:21	0.3	4:04	0.3	5:34	8:28	
21	Wed	11:00	4.5	11:17	6.3	5:01	0.2	4:49	0.3	5:34	8:28	
22	Thu	11:47	4.7			5:44	0.1	5:37	0.3	5:34	8:29	
23	Fri	12:03	6.2	12:35	4.8	6:30	0.1	6:31	0.4	5:34	8:29	
24	Sat	12:51	6.0	1:26	5.0	7:18	0.1	7:29	0.5	5:35	8:29	
25	Sun	1:42	5.7	2:20	5.3	8:08	0.1	8:31	0.5	5:35	8:29	
26	Mon	2:35	5.4	3:17	5.5	8:59	0.0	9:35	0.6	5:35	8:29	
27	Tue	3:35	5.1	4:19	5.8	9:52	0.1	10:42	0.6	5:36	8:29	
28	Wed	4:41	4.8	5:22	6.1	10:47	0.1	11:50	0.5	5:36	8:29	
29	Thu	5:46	4.6	6:21	6.3	11:44	0.1			5:36	8:29	
30	Fri	6:47	4.5	7:18	6.5	12:55	0.4	12:40	0.0	5:37	8:29	