

































North Highlands Beach, NJ - Aug 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:19	4.9	9:38	6.3	3:27	0.4	3:10	0.3	6:00	8:11	
2	Wed	10:03	5.0	10:19	6.2	4:07	0.3	3:55	0.3	6:01	8:10	
3	Thu	10:44	5.1	10:57	6.0	4:44	0.3	4:38	0.4	6:02	8:09	
4	Fri	11:23	5.2	11:34	5.7	5:19	0.4	5:20	0.6	6:03	8:08	
5	Sat			12:02	5.2	5:55	0.6	6:03	0.8	6:04	8:07	
6	Sun	12:11	5.4	12:41	5.2	6:31	0.7	6:48	1.0	6:05	8:06	
7	Mon	12:49	5.1	1:21	5.2	7:09	0.9	7:36	1.3	6:06	8:04	
8	Tue	1:29	4.8	2:04	5.2	7:48	1.0	8:27	1.4	6:06	8:03	
9	Wed	2:12	4.4	2:52	5.2	8:30	1.1	9:21	1.6	6:07	8:02	
10	Thu	3:02	4.2	3:47	5.3	9:16	1.2	10:20	1.6	6:08	8:01	
11	Fri	4:02	4.0	4:47	5.4	10:08	1.2	11:22	1.6	6:09	8:00	
12	Sat	5:07	4.0	5:45	5.6	11:04	1.2			6:10	7:58	
13	Sun	6:07	4.1	6:38	5.9	12:19	1.4	12:00	1.0	6:11	7:57	
14	Mon	7:01	4.4	7:28	6.2	1:12	1.1	12:55	0.7	6:12	7:56	
15	Tue	7:52	4.7	8:17	6.5	2:00	0.8	1:49	0.4	6:13	7:55	
16	Wed	8:40	5.1	9:04	6.7	2:44	0.4	2:40	0.1	6:14	7:53	
17	Thu	9:28	5.5	9:50	6.7	3:27	0.1	3:29	-0.1	6:15	7:52	
18	Fri	10:14	5.9	10:36	6.6	4:08	-0.1	4:19	-0.2	6:16	7:51	
19	Sat	11:01	6.2	11:23	6.4	4:50	-0.2	5:09	-0.2	6:16	7:49	
20	Sun	11:50	6.3			5:35	-0.2	6:03	0.0	6:17	7:48	
21	Mon	12:13	6.0	12:42	6.4	6:22	-0.1	7:02	0.3	6:18	7:46	
22	Tue	1:05	5.6	1:36	6.4	7:13	0.1	8:04	0.6	6:19	7:45	
23	Wed	2:01	5.1	2:36	6.3	8:07	0.4	9:11	0.8	6:20	7:44	
24	Thu	3:04	4.7	3:42	6.2	9:05	0.6	10:22	1.0	6:21	7:42	
25	Fri	4:16	4.5	4:54	6.1	10:08	0.8	11:35	1.1	6:22	7:41	
26	Sat	5:28	4.5	6:00	6.1	11:15	0.8			6:23	7:39	
27	Sun	6:31	4.6	6:58	6.2	12:40	1.0	12:19	0.8	6:24	7:38	
28	Mon	7:26	4.8	7:49	6.2	1:35	0.9	1:18	0.7	6:25	7:36	
29	Tue	8:15	5.0	8:35	6.2	2:23	0.7	2:10	0.6	6:26	7:35	
30	Wed	8:58	5.3	9:15	6.1	3:03	0.6	2:57	0.5	6:26	7:33	
31	Thu	9:36	5.4	9:52	6.0	3:38	0.6	3:38	0.5	6:27	7:32	