

































North Highlands Beach, NJ - May 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:28	5.8	3:13	4.5	9:09	0.4	9:08	0.7	6:01	7:52	
2	Wed	3:35	5.4	4:22	4.6	10:13	0.6	10:19	0.8	6:00	7:53	
3	Thu	4:43	5.2	5:24	4.8	11:11	0.6	11:27	0.8	5:59	7:54	
4	Fri	5:43	5.0	6:17	5.1			12:03	0.6	5:58	7:55	
5	Sat	6:35	4.9	7:02	5.4	12:28	0.7	12:48	0.5	5:56	7:56	
6	Sun	7:20	4.8	7:43	5.6	1:21	0.6	1:28	0.5	5:55	7:57	
7	Mon	8:02	4.8	8:21	5.8	2:08	0.5	2:06	0.5	5:54	7:57	
8	Tue	8:41	4.7	8:58	5.9	2:49	0.4	2:41	0.4	5:53	7:58	
9	Wed	9:19	4.6	9:33	6.0	3:27	0.3	3:15	0.4	5:52	7:59	
10	Thu	9:55	4.5	10:09	6.0	4:02	0.3	3:48	0.5	5:51	8:00	
11	Fri	10:32	4.4	10:45	5.9	4:38	0.4	4:23	0.5	5:50	8:01	
12	Sat	11:10	4.3	11:24	5.8	5:14	0.5	4:59	0.6	5:49	8:02	
13	Sun	11:49	4.2			5:53	0.6	5:38	0.8	5:48	8:03	
14	Mon	12:04	5.7	12:31	4.2	6:36	0.7	6:22	0.9	5:47	8:04	
15	Tue	12:47	5.6	1:17	4.2	7:21	0.8	7:12	1.0	5:46	8:05	
16	Wed	1:33	5.4	2:06	4.3	8:08	0.8	8:07	1.0	5:45	8:06	
17	Thu	2:23	5.3	3:00	4.5	8:57	0.7	9:06	1.0	5:45	8:07	
18	Fri	3:18	5.2	3:59	4.8	9:47	0.6	10:09	0.8	5:44	8:08	
19	Sat	4:18	5.1	4:59	5.2	10:40	0.4	11:13	0.6	5:43	8:09	
20	Sun	5:20	5.1	5:55	5.7	11:33	0.2			5:42	8:09	
21	Mon	6:18	5.1	6:48	6.2	12:15	0.3	12:25	-0.1	5:41	8:10	
22	Tue	7:14	5.1	7:42	6.7	1:16	0.0	1:17	-0.3	5:41	8:11	
23	Wed	8:11	5.1	8:35	7.0	2:14	-0.3	2:10	-0.5	5:40	8:12	
24	Thu	9:07	5.1	9:29	7.1	3:09	-0.5	3:02	-0.5	5:39	8:13	
25	Fri	10:02	5.1	10:22	7.1	4:03	-0.6	3:53	-0.5	5:39	8:14	
26	Sat	10:57	5.0	11:17	6.9	4:56	-0.5	4:46	-0.3	5:38	8:14	
27	Sun	11:53	4.9			5:50	-0.3	5:41	-0.1	5:38	8:15	
28	Mon	12:12	6.6	12:51	4.8	6:47	-0.1	6:40	0.2	5:37	8:16	
29	Tue	1:08	6.2	1:49	4.8	7:45	0.2	7:43	0.5	5:37	8:17	
30	Wed	2:05	5.7	2:48	4.8	8:41	0.3	8:48	0.8	5:36	8:17	
31	Thu	3:02	5.3	3:49	4.9	9:36	0.5	9:54	0.9	5:36	8:18	