
































North Highlands Beach, NJ - Nov 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:41	6.4	7:05	5.6	12:24	0.1	1:05	0.0	6:27	4:59	
2	Fri	7:29	6.8	7:55	5.6	1:10	-0.2	1:56	-0.2	6:28	4:58	
3	Sat	8:18	7.1	8:46	5.5	1:57	-0.4	2:47	-0.4	6:29	4:57	
4	Sun	9:08	7.2	9:38	5.3	2:44	-0.4	3:38	-0.3	6:30	4:56	
5	Mon	10:00	7.1	10:33	5.1	3:33	-0.3	4:32	-0.2	6:31	4:55	
6	Tue	10:56	6.9	11:32	4.9	4:25	-0.1	5:30	0.1	6:32	4:54	
7	Wed	11:55	6.5			5:22	0.2	6:33	0.3	6:33	4:53	
8	Thu	12:34	4.7	12:57	6.1	6:26	0.5	7:37	0.5	6:34	4:52	
9	Fri	1:40	4.7	2:02	5.8	7:35	0.7	8:41	0.6	6:36	4:51	
10	Sat	2:49	4.8	3:11	5.5	8:46	0.8	9:41	0.6	6:37	4:50	
11	Sun	3:55	5.0	4:15	5.3	9:57	0.8	10:35	0.6	6:38	4:49	
12	Mon	4:52	5.3	5:10	5.1	11:01	0.8	11:23	0.5	6:39	4:48	
13	Tue	5:41	5.5	5:59	5.0	11:58	0.7			6:40	4:47	
14	Wed	6:25	5.8	6:42	4.9	12:06	0.5	12:48	0.5	6:41	4:46	
15	Thu	7:05	5.9	7:23	4.8	12:46	0.4	1:32	0.4	6:42	4:46	
16	Fri	7:43	6.0	8:02	4.7	1:23	0.4	2:12	0.4	6:43	4:45	
17	Sat	8:19	6.0	8:39	4.6	1:59	0.4	2:49	0.4	6:44	4:44	
18	Sun	8:55	6.0	9:16	4.4	2:34	0.4	3:25	0.4	6:46	4:43	
19	Mon	9:32	5.9	9:53	4.3	3:09	0.5	4:01	0.5	6:47	4:43	
20	Tue	10:10	5.8	10:33	4.2	3:44	0.6	4:40	0.6	6:48	4:42	
21	Wed	10:50	5.7	11:15	4.1	4:23	0.7	5:21	0.8	6:49	4:42	
22	Thu	11:32	5.5			5:05	0.9	6:05	0.8	6:50	4:41	
23	Fri	12:00	4.1	12:17	5.3	5:54	1.0	6:51	0.8	6:51	4:41	
24	Sat	12:48	4.1	1:04	5.1	6:47	1.0	7:38	0.8	6:52	4:40	
25	Sun	1:40	4.3	1:56	5.0	7:44	1.0	8:26	0.6	6:53	4:40	
26	Mon	2:36	4.5	2:53	4.9	8:45	0.9	9:16	0.4	6:54	4:39	
27	Tue	3:35	4.9	3:53	4.8	9:47	0.7	10:07	0.2	6:55	4:39	
28	Wed	4:30	5.4	4:50	4.8	10:49	0.4	10:59	-0.1	6:56	4:38	
29	Thu	5:23	5.9	5:46	4.9	11:48	0.1	11:50	-0.3	6:57	4:38	
30	Fri	6:15	6.4	6:40	4.9			12:46	-0.2	6:58	4:38	