

































North Highlands Beach, NJ - Mar 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:51	4.9	1:08	4.1	7:16	0.4	7:27	0.2	6:31	5:52	
2	Sun	1:45	4.9	2:06	4.0	8:14	0.4	8:24	0.2	6:30	5:53	
3	Mon	2:49	5.0	3:16	4.0	9:18	0.4	9:27	0.1	6:28	5:54	
4	Tue	3:58	5.2	4:27	4.2	10:23	0.2	10:32	-0.1	6:27	5:55	
5	Wed	5:03	5.5	5:31	4.6	11:26	-0.1	11:35	-0.5	6:25	5:56	
6	Thu	6:03	5.9	6:30	5.0			12:24	-0.5	6:24	5:57	
7	Fri	6:59	6.2	7:25	5.4	12:35	-0.8	1:18	-0.8	6:22	5:58	
8	Sat	7:53	6.3	8:17	5.8	1:32	-1.1	2:08	-1.1	6:21	5:59	
9	Sun	8:44	6.4	9:07	6.1	2:26	-1.3	2:55	-1.2	6:19	6:00	
10	Mon	9:33	6.2	9:56	6.1	3:17	-1.3	3:41	-1.2	6:18	6:01	
11	Tue	10:23	5.9	10:46	6.1	4:08	-1.2	4:28	-1.0	6:16	6:02	
12	Wed	11:13	5.5	11:37	5.9	5:01	-0.8	5:17	-0.7	6:15	6:03	
13	Thu			12:05	5.0	5:57	-0.4	6:09	-0.3	6:13	6:04	
14	Fri	12:30	5.6	12:58	4.6	6:56	0.0	7:03	0.0	6:12	6:05	
15	Sat	1:26	5.3	1:57	4.2	7:58	0.3	8:00	0.4	6:10	6:06	
16	Sun	2:27	5.0	3:03	4.0	9:04	0.6	9:02	0.6	6:08	6:07	
17	Mon	3:34	4.8	4:09	4.0	10:11	0.7	10:05	0.7	6:07	6:08	
18	Tue	4:36	4.8	5:07	4.1	11:11	0.7	11:04	0.6	6:05	6:09	
19	Wed	5:29	4.9	5:55	4.3			12:02	0.6	6:04	6:10	
20	Thu	6:15	5.0	6:38	4.5			12:45	0.4	6:02	6:11	
21	Fri	6:57	5.1	7:18	4.8	12:43	0.3	1:22	0.3	6:01	6:12	
22	Sat	7:36	5.2	7:55	5.0	1:25	0.1	1:55	0.1	5:59	6:13	
23	Sun	8:13	5.3	8:30	5.2	2:03	0.0	2:26	0.0	5:57	6:14	
24	Mon	8:48	5.3	9:05	5.4	2:39	-0.1	2:57	0.0	5:56	6:15	
25	Tue	9:23	5.2	9:40	5.5	3:14	-0.2	3:28	0.0	5:54	6:16	
26	Wed	9:58	5.1	10:16	5.5	3:51	-0.1	4:02	0.0	5:53	6:17	
27	Thu	10:34	4.9	10:55	5.5	4:30	0.0	4:38	0.1	5:51	6:18	
28	Fri	11:14	4.7	11:37	5.5	5:13	0.1	5:20	0.2	5:50	6:19	
29	Sat	11:59	4.5			6:01	0.2	6:07	0.3	5:48	6:20	
30	Sun	12:25	5.4	12:49	4.4	6:54	0.4	7:01	0.4	5:46	6:21	
31	Mon	1:19	5.4	1:48	4.3	7:52	0.4	8:01	0.4	5:45	6:22	