
































North Highlands Beach, NJ - Jun 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:04	5.3	6:38	6.1			12:09	-0.1	5:35	8:19	
2	Mon	7:01	5.3	7:31	6.3	12:58	0.1	1:03	-0.2	5:35	8:20	
3	Tue	7:56	5.2	8:21	6.5	1:56	-0.1	1:54	-0.2	5:35	8:20	
4	Wed	8:48	5.2	9:09	6.6	2:49	-0.2	2:43	-0.2	5:34	8:21	
5	Thu	9:36	5.1	9:54	6.5	3:38	-0.2	3:28	-0.2	5:34	8:22	
6	Fri	10:22	5.0	10:37	6.4	4:22	-0.2	4:12	0.0	5:34	8:22	
7	Sat	11:07	4.9	11:19	6.1	5:06	0.0	4:55	0.2	5:33	8:23	
8	Sun	11:51	4.8			5:49	0.2	5:40	0.4	5:33	8:23	
9	Mon	12:01	5.9	12:36	4.7	6:34	0.3	6:26	0.7	5:33	8:24	
10	Tue	12:43	5.6	1:21	4.6	7:19	0.5	7:16	0.9	5:33	8:25	
11	Wed	1:26	5.3	2:07	4.6	8:04	0.7	8:07	1.1	5:33	8:25	
12	Thu	2:12	5.1	2:56	4.6	8:49	0.8	9:00	1.2	5:33	8:25	
13	Fri	3:00	4.8	3:48	4.7	9:34	0.8	9:55	1.3	5:33	8:26	
14	Sat	3:54	4.6	4:42	4.9	10:20	0.8	10:51	1.2	5:33	8:26	
15	Sun	4:50	4.5	5:33	5.1	11:07	0.8	11:47	1.1	5:33	8:27	
16	Mon	5:44	4.5	6:20	5.4	11:53	0.6			5:33	8:27	
17	Tue	6:35	4.6	7:06	5.8	12:39	0.9	12:39	0.5	5:33	8:27	
18	Wed	7:24	4.7	7:52	6.1	1:29	0.6	1:25	0.3	5:33	8:28	
19	Thu	8:13	4.8	8:37	6.4	2:17	0.3	2:12	0.1	5:33	8:28	
20	Fri	9:01	4.9	9:24	6.6	3:04	0.0	2:59	-0.1	5:34	8:28	
21	Sat	9:49	5.0	10:10	6.7	3:49	-0.2	3:45	-0.2	5:34	8:28	
22	Sun	10:39	5.1	10:58	6.7	4:35	-0.3	4:33	-0.3	5:34	8:29	
23	Mon	11:29	5.2	11:49	6.6	5:22	-0.4	5:24	-0.2	5:34	8:29	
24	Tue			12:23	5.3	6:13	-0.4	6:20	0.0	5:35	8:29	
25	Wed	12:42	6.4	1:18	5.4	7:06	-0.3	7:20	0.1	5:35	8:29	
26	Thu	1:36	6.1	2:16	5.4	8:01	-0.2	8:23	0.3	5:35	8:29	
27	Fri	2:34	5.7	3:17	5.5	8:56	-0.1	9:28	0.4	5:36	8:29	
28	Sat	3:36	5.4	4:21	5.7	9:52	-0.1	10:36	0.5	5:36	8:29	
29	Sun	4:42	5.1	5:24	5.9	10:50	0.0	11:43	0.5	5:36	8:29	
30	Mon	5:46	5.0	6:21	6.1	11:46	0.0			5:37	8:29	