

































## North Highlands Beach, NJ - Jul 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:44	4.9	7:15	6.2	12:46	0.4	12:41	0.0	5:37	8:29	
2	Wed	7:39	4.9	8:05	6.3	1:45	0.3	1:33	0.0	5:38	8:29	
3	Thu	8:30	4.9	8:51	6.3	2:37	0.2	2:23	0.1	5:38	8:29	
4	Fri	9:17	4.9	9:34	6.3	3:23	0.1	3:08	0.1	5:39	8:29	
5	Sat	10:01	4.9	10:15	6.2	4:05	0.1	3:51	0.2	5:39	8:28	
6	Sun	10:42	4.9	10:54	6.0	4:44	0.2	4:32	0.3	5:40	8:28	
7	Mon	11:23	4.8	11:32	5.8	5:22	0.3	5:13	0.5	5:41	8:28	
8	Tue			12:04	4.8	6:00	0.4	5:56	0.7	5:41	8:28	
9	Wed	12:11	5.6	12:45	4.8	6:40	0.5	6:41	0.9	5:42	8:27	
10	Thu	12:51	5.4	1:27	4.8	7:21	0.6	7:29	1.0	5:43	8:27	
11	Fri	1:32	5.1	2:11	4.8	8:02	0.7	8:19	1.2	5:43	8:26	
12	Sat	2:16	4.9	2:59	4.9	8:44	0.8	9:10	1.2	5:44	8:26	
13	Sun	3:04	4.7	3:51	5.0	9:29	0.8	10:06	1.2	5:45	8:25	
14	Mon	3:59	4.5	4:46	5.3	10:17	0.8	11:03	1.2	5:45	8:25	
15	Tue	4:58	4.4	5:39	5.5	11:08	0.7			5:46	8:24	
16	Wed	5:55	4.5	6:30	5.9	12:00	1.0	11:59 AM	0.5	5:47	8:24	
17	Thu	6:49	4.6	7:21	6.2	12:55	0.7	12:52	0.3	5:48	8:23	
18	Fri	7:43	4.8	8:11	6.5	1:47	0.4	1:44	0.0	5:48	8:23	
19	Sat	8:36	5.1	9:02	6.8	2:38	0.0	2:36	-0.2	5:49	8:22	
20	Sun	9:28	5.3	9:52	6.9	3:27	-0.3	3:27	-0.4	5:50	8:21	
21	Mon	10:19	5.5	10:42	6.9	4:14	-0.5	4:18	-0.5	5:51	8:21	
22	Tue	11:11	5.7	11:33	6.7	5:02	-0.5	5:11	-0.4	5:52	8:20	
23	Wed			12:05	5.8	5:52	-0.5	6:07	-0.2	5:52	8:19	
24	Thu	12:26	6.5	1:00	5.9	6:44	-0.4	7:06	0.0	5:53	8:18	
25	Fri	1:21	6.1	1:57	5.9	7:38	-0.3	8:09	0.3	5:54	8:17	
26	Sat	2:17	5.7	2:56	5.9	8:33	-0.1	9:14	0.5	5:55	8:17	
27	Sun	3:18	5.3	4:00	5.9	9:29	0.1	10:22	0.6	5:56	8:16	
28	Mon	4:24	5.0	5:04	5.9	10:27	0.3	11:30	0.7	5:57	8:15	
29	Tue	5:29	4.8	6:04	6.0	11:26	0.4			5:58	8:14	
30	Wed	6:28	4.8	6:58	6.1	12:34	0.7	12:22	0.4	5:58	8:13	
31	Thu	7:22	4.8	7:47	6.1	1:31	0.6	1:15	0.4	5:59	8:12	