

































## North Highlands Beach, NJ - Mar 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:07	5.8	8:29	5.0	1:44	-0.6	2:28	-0.5	6:32	5:51	
2	Tue	8:49	5.7	9:09	5.1	2:29	-0.6	3:06	-0.5	6:31	5:52	
3	Wed	9:27	5.6	9:48	5.1	3:11	-0.6	3:42	-0.4	6:29	5:54	
4	Thu	10:04	5.3	10:25	5.1	3:51	-0.5	4:17	-0.3	6:28	5:55	
5	Fri	10:41	5.1	11:02	5.0	4:31	-0.2	4:53	-0.1	6:26	5:56	
6	Sat	11:18	4.7	11:41	4.9	5:13	0.0	5:31	0.1	6:25	5:57	
7	Sun	11:58	4.4			5:58	0.3	6:12	0.3	6:23	5:58	
8	Mon	12:23	4.8	12:40	4.1	6:45	0.6	6:55	0.5	6:22	5:59	
9	Tue	1:08	4.7	1:27	3.9	7:36	0.8	7:42	0.7	6:20	6:00	
10	Wed	2:00	4.6	2:23	3.7	8:31	0.9	8:34	0.8	6:19	6:01	
11	Thu	3:01	4.6	3:29	3.7	9:31	0.9	9:32	0.8	6:17	6:02	
12	Fri	4:04	4.7	4:32	3.8	10:31	0.8	10:30	0.6	6:15	6:03	
13	Sat	5:01	5.0	5:27	4.1	11:26	0.6	11:26	0.3	6:14	6:04	
14	Sun	5:53	5.3	6:17	4.4			12:15	0.3	6:12	6:05	
15	Mon	6:41	5.6	7:04	4.9	12:18	0.0	1:01	-0.1	6:11	6:06	
16	Tue	7:28	5.8	7:49	5.3	1:08	-0.4	1:44	-0.4	6:09	6:07	
17	Wed	8:14	6.0	8:34	5.6	1:57	-0.7	2:27	-0.7	6:08	6:08	
18	Thu	8:59	6.0	9:19	5.9	2:44	-0.9	3:09	-0.9	6:06	6:09	
19	Fri	9:45	5.9	10:06	6.1	3:31	-1.0	3:52	-0.9	6:05	6:10	
20	Sat	10:33	5.7	10:55	6.1	4:21	-0.9	4:38	-0.8	6:03	6:11	
21	Sun	11:24	5.4	11:48	6.0	5:14	-0.7	5:28	-0.6	6:01	6:12	
22	Mon			12:18	5.0	6:12	-0.4	6:23	-0.3	6:00	6:13	
23	Tue	12:44	5.9	1:18	4.6	7:15	-0.1	7:22	0.0	5:58	6:14	
24	Wed	1:47	5.6	2:27	4.4	8:22	0.2	8:25	0.2	5:57	6:15	
25	Thu	2:59	5.5	3:42	4.3	9:33	0.3	9:34	0.3	5:55	6:16	
26	Fri	4:12	5.4	4:50	4.4	10:43	0.3	10:43	0.3	5:53	6:17	
27	Sat	5:17	5.5	5:49	4.7	11:45	0.2	11:46	0.2	5:52	6:18	
28	Sun	6:13	5.5	6:40	4.9			12:37	0.1	5:50	6:19	
29	Mon	7:02	5.6	7:26	5.2	12:42	0.0	1:23	0.0	5:49	6:20	
30	Tue	7:46	5.5	8:06	5.4	1:31	-0.1	2:02	-0.1	5:47	6:21	
31	Wed	8:25	5.5	8:43	5.5	2:14	-0.2	2:37	-0.1	5:46	6:22	