

































North Highlands Beach, NJ - Jan 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:56	4.8	5:10	4.0	11:16	0.4	11:17	0.1	7:18	4:47	
2	Sun	5:42	5.0	5:58	4.0			12:09	0.3	7:18	4:48	
3	Mon	6:25	5.2	6:42	4.0	12:01	0.0	12:57	0.2	7:18	4:49	
4	Tue	7:05	5.3	7:24	4.0	12:42	0.0	1:39	0.0	7:18	4:50	
5	Wed	7:44	5.4	8:03	4.0	1:22	-0.1	2:16	-0.1	7:18	4:51	
6	Thu	8:22	5.5	8:42	4.1	1:59	-0.2	2:51	-0.2	7:18	4:52	
7	Fri	8:59	5.6	9:19	4.1	2:35	-0.2	3:25	-0.2	7:18	4:52	
8	Sat	9:35	5.5	9:56	4.1	3:12	-0.2	3:59	-0.2	7:18	4:53	
9	Sun	10:13	5.4	10:35	4.1	3:49	-0.2	4:35	-0.2	7:18	4:54	
10	Mon	10:51	5.3	11:15	4.1	4:28	-0.1	5:14	-0.2	7:18	4:55	
11	Tue	11:31	5.1	11:59	4.2	5:13	0.0	5:56	-0.2	7:18	4:56	
12	Wed			12:15	4.9	6:02	0.1	6:41	-0.2	7:18	4:57	
13	Thu	12:46	4.3	1:02	4.7	6:56	0.2	7:29	-0.2	7:17	4:58	
14	Fri	1:39	4.5	1:57	4.4	7:55	0.2	8:21	-0.3	7:17	4:59	
15	Sat	2:38	4.7	3:00	4.3	9:00	0.2	9:18	-0.4	7:17	5:00	
16	Sun	3:44	5.0	4:08	4.2	10:07	0.0	10:16	-0.5	7:16	5:02	
17	Mon	4:47	5.4	5:13	4.2	11:13	-0.2	11:15	-0.7	7:16	5:03	
18	Tue	5:47	5.8	6:15	4.4			12:16	-0.5	7:16	5:04	
19	Wed	6:44	6.2	7:13	4.5	12:14	-0.9	1:16	-0.8	7:15	5:05	
20	Thu	7:40	6.4	8:09	4.7	1:10	-1.1	2:10	-1.1	7:15	5:06	
21	Fri	8:34	6.5	9:03	4.8	2:05	-1.3	3:01	-1.2	7:14	5:07	
22	Sat	9:25	6.4	9:54	4.9	2:57	-1.3	3:50	-1.2	7:13	5:08	
23	Sun	10:15	6.2	10:45	4.9	3:49	-1.2	4:38	-1.0	7:13	5:09	
24	Mon	11:04	5.8	11:36	4.8	4:41	-0.9	5:28	-0.8	7:12	5:10	
25	Tue	11:54	5.3			5:35	-0.5	6:18	-0.5	7:12	5:12	
26	Wed	12:28	4.7	12:43	4.8	6:32	-0.2	7:08	-0.3	7:11	5:13	
27	Thu	1:20	4.6	1:34	4.4	7:31	0.2	7:58	0.0	7:10	5:14	
28	Fri	2:15	4.5	2:30	4.0	8:32	0.4	8:50	0.2	7:09	5:15	
29	Sat	3:14	4.4	3:31	3.7	9:36	0.6	9:42	0.3	7:09	5:16	
30	Sun	4:12	4.5	4:31	3.6	10:40	0.6	10:35	0.3	7:08	5:17	
31	Mon	5:05	4.7	5:24	3.6	11:37	0.5	11:24	0.2	7:07	5:19	