

































## North Highlands Beach, NJ - Mar 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	5:14	4.8	5:39	3.8	11:49	0.7	11:37	0.5	6:31	5:52	
2	Thu	6:03	5.0	6:25	4.0			12:36	0.4	6:29	5:53	
3	Fri	6:47	5.2	7:08	4.3	12:25	0.2	1:16	0.2	6:28	5:54	
4	Sat	7:30	5.4	7:49	4.5	1:09	0.0	1:52	0.0	6:26	5:55	
5	Sun	8:09	5.6	8:27	4.8	1:50	-0.2	2:26	-0.2	6:25	5:56	
6	Mon	8:48	5.6	9:05	5.1	2:30	-0.4	3:00	-0.4	6:23	5:57	
7	Tue	9:26	5.6	9:43	5.3	3:10	-0.5	3:36	-0.5	6:22	5:58	
8	Wed	10:05	5.5	10:24	5.4	3:51	-0.6	4:14	-0.5	6:20	6:00	
9	Thu	10:47	5.3	11:07	5.5	4:36	-0.5	4:55	-0.5	6:19	6:01	
10	Fri	11:32	5.0	11:56	5.5	5:25	-0.3	5:41	-0.4	6:17	6:02	
11	Sat			12:22	4.7	6:20	-0.1	6:33	-0.2	6:16	6:03	
12	Sun	12:49	5.5	1:19	4.4	7:20	0.1	7:29	0.0	6:14	6:04	
13	Mon	1:50	5.4	2:26	4.2	8:26	0.2	8:31	0.1	6:13	6:05	
14	Tue	3:01	5.4	3:43	4.1	9:36	0.3	9:38	0.1	6:11	6:06	
15	Wed	4:16	5.5	4:54	4.3	10:47	0.2	10:47	0.0	6:10	6:07	
16	Thu	5:23	5.7	5:56	4.6	11:51	0.0	11:52	-0.3	6:08	6:08	
17	Fri	6:22	5.9	6:52	5.0			12:48	-0.3	6:06	6:09	
18	Sat	7:16	6.0	7:42	5.3	12:51	-0.5	1:38	-0.5	6:05	6:10	
19	Sun	8:05	6.0	8:28	5.6	1:45	-0.7	2:22	-0.6	6:03	6:11	
20	Mon	8:51	5.9	9:11	5.7	2:34	-0.8	3:03	-0.6	6:02	6:12	
21	Tue	9:33	5.7	9:53	5.7	3:19	-0.7	3:41	-0.5	6:00	6:13	
22	Wed	10:13	5.4	10:33	5.6	4:03	-0.5	4:19	-0.3	5:59	6:13	
23	Thu	10:53	5.0	11:13	5.5	4:46	-0.2	4:59	0.0	5:57	6:14	
24	Fri	11:34	4.7	11:55	5.3	5:32	0.1	5:40	0.3	5:55	6:15	
25	Sat			12:16	4.3	6:20	0.4	6:24	0.6	5:54	6:16	
26	Sun	12:39	5.0	1:02	4.1	7:11	0.7	7:12	0.8	5:52	6:17	
27	Mon	1:28	4.9	1:55	3.8	8:05	0.9	8:04	1.0	5:51	6:18	
28	Tue	2:24	4.7	2:58	3.7	9:04	1.0	9:01	1.1	5:49	6:19	
29	Wed	3:28	4.7	4:04	3.8	10:04	1.0	10:01	1.0	5:48	6:20	
30	Thu	4:29	4.8	5:00	4.0	10:59	0.9	10:58	0.8	5:46	6:21	
31	Fri	5:22	5.0	5:48	4.4	11:47	0.7	11:50	0.6	5:44	6:22	