
































## North Highlands Beach, NJ - Jun 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	8:19	5.3	8:43	6.8	2:20	-0.2	2:21	-0.4	5:35	8:19	
2	Fri	9:13	5.3	9:34	7.0	3:12	-0.4	3:11	-0.5	5:35	8:20	
3	Sat	10:06	5.3	10:25	7.1	4:03	-0.6	4:00	-0.6	5:34	8:21	
4	Sun	11:00	5.2	11:19	7.0	4:55	-0.6	4:51	-0.5	5:34	8:21	
5	Mon	11:56	5.1			5:49	-0.5	5:46	-0.2	5:34	8:22	
6	Tue	12:14	6.7	12:55	5.1	6:47	-0.3	6:46	0.0	5:34	8:22	
7	Wed	1:12	6.4	1:55	5.0	7:47	-0.1	7:49	0.3	5:33	8:23	
8	Thu	2:11	6.0	2:57	5.0	8:46	0.0	8:55	0.5	5:33	8:24	
9	Fri	3:14	5.6	4:02	5.1	9:45	0.2	10:04	0.6	5:33	8:24	
10	Sat	4:19	5.3	5:04	5.3	10:42	0.3	11:11	0.7	5:33	8:25	
11	Sun	5:21	5.1	6:00	5.5	11:35	0.3			5:33	8:25	
12	Mon	6:17	4.9	6:49	5.7	12:14	0.6	12:24	0.3	5:33	8:26	
13	Tue	7:07	4.8	7:34	5.9	1:11	0.6	1:10	0.3	5:33	8:26	
14	Wed	7:54	4.7	8:16	6.0	2:01	0.5	1:53	0.4	5:33	8:26	
15	Thu	8:37	4.6	8:55	6.0	2:46	0.4	2:33	0.4	5:33	8:27	
16	Fri	9:18	4.6	9:33	6.1	3:27	0.3	3:11	0.4	5:33	8:27	
17	Sat	9:57	4.5	10:10	6.0	4:04	0.3	3:48	0.4	5:33	8:28	
18	Sun	10:35	4.5	10:47	6.0	4:40	0.3	4:25	0.5	5:33	8:28	
19	Mon	11:14	4.5	11:26	5.9	5:16	0.4	5:02	0.6	5:33	8:28	
20	Tue	11:54	4.4			5:54	0.5	5:43	0.8	5:34	8:28	
21	Wed	12:05	5.7	12:35	4.4	6:35	0.6	6:27	0.9	5:34	8:29	
22	Thu	12:46	5.5	1:18	4.4	7:16	0.6	7:15	1.0	5:34	8:29	
23	Fri	1:29	5.4	2:03	4.5	7:59	0.6	8:06	1.0	5:34	8:29	
24	Sat	2:14	5.2	2:52	4.7	8:44	0.6	9:00	1.0	5:35	8:29	
25	Sun	3:04	5.0	3:45	5.0	9:31	0.5	9:59	1.0	5:35	8:29	
26	Mon	4:00	4.9	4:43	5.3	10:21	0.4	11:00	0.8	5:35	8:29	
27	Tue	5:01	4.9	5:39	5.7	11:13	0.2			5:36	8:29	
28	Wed	6:00	4.9	6:33	6.2	12:01	0.5	12:07	0.0	5:36	8:29	
29	Thu	6:58	5.0	7:28	6.6	1:01	0.2	1:01	-0.2	5:37	8:29	
30	Fri	7:56	5.1	8:22	6.9	1:59	-0.1	1:56	-0.4	5:37	8:29	