

































## North Highlands Beach, NJ - Jul 2000

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:53	5.2	9:17	7.1	2:55	-0.4	2:50	-0.6	5:38	8:29	
2	Sun	9:50	5.3	10:11	7.1	3:49	-0.6	3:43	-0.6	5:38	8:29	
3	Mon	10:45	5.3	11:05	7.0	4:41	-0.6	4:37	-0.5	5:39	8:29	
4	Tue	11:41	5.3			5:34	-0.5	5:32	-0.3	5:39	8:29	
5	Wed	12:00	6.8	12:38	5.4	6:28	-0.4	6:31	-0.1	5:40	8:28	
6	Thu	12:55	6.4	1:35	5.4	7:24	-0.2	7:33	0.2	5:40	8:28	
7	Fri	1:51	5.9	2:32	5.4	8:19	0.0	8:37	0.5	5:41	8:28	
8	Sat	2:47	5.5	3:32	5.4	9:13	0.2	9:41	0.7	5:41	8:27	
9	Sun	3:47	5.1	4:32	5.4	10:06	0.4	10:47	0.9	5:42	8:27	
10	Mon	4:48	4.7	5:28	5.5	10:59	0.5	11:50	0.9	5:43	8:27	
11	Tue	5:46	4.6	6:19	5.6	11:49	0.6			5:43	8:26	
12	Wed	6:37	4.5	7:05	5.7	12:47	0.9	12:37	0.6	5:44	8:26	
13	Thu	7:25	4.4	7:48	5.9	1:38	0.8	1:22	0.6	5:45	8:25	
14	Fri	8:10	4.4	8:29	6.0	2:24	0.7	2:05	0.6	5:46	8:25	
15	Sat	8:52	4.5	9:09	6.0	3:05	0.6	2:46	0.5	5:46	8:24	
16	Sun	9:32	4.6	9:47	6.1	3:41	0.5	3:24	0.5	5:47	8:24	
17	Mon	10:10	4.6	10:24	6.0	4:16	0.4	4:01	0.5	5:48	8:23	
18	Tue	10:48	4.7	11:02	6.0	4:50	0.4	4:39	0.6	5:49	8:23	
19	Wed	11:26	4.7	11:39	5.8	5:25	0.5	5:18	0.6	5:49	8:22	
20	Thu			12:06	4.8	6:01	0.5	6:00	0.7	5:50	8:21	
21	Fri	12:18	5.7	12:46	4.9	6:41	0.5	6:47	0.8	5:51	8:20	
22	Sat	12:59	5.5	1:29	5.0	7:22	0.5	7:37	0.9	5:52	8:20	
23	Sun	1:42	5.3	2:16	5.2	8:06	0.5	8:32	0.9	5:53	8:19	
24	Mon	2:30	5.1	3:08	5.4	8:54	0.4	9:30	0.9	5:54	8:18	
25	Tue	3:26	4.9	4:08	5.7	9:45	0.4	10:33	0.8	5:54	8:17	
26	Wed	4:29	4.8	5:10	6.0	10:41	0.3	11:38	0.6	5:55	8:16	
27	Thu	5:35	4.8	6:10	6.3	11:40	0.1			5:56	8:16	
28	Fri	6:38	4.9	7:09	6.7	12:41	0.4	12:38	-0.1	5:57	8:15	
29	Sat	7:39	5.1	8:07	7.0	1:42	0.1	1:37	-0.3	5:58	8:14	
30	Sun	8:38	5.3	9:03	7.1	2:39	-0.2	2:35	-0.4	5:59	8:13	
31	Mon	9:34	5.5	9:57	7.1	3:33	-0.4	3:30	-0.5	6:00	8:12	