

































North Highlands Beach, NJ - Mar 2004

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:17	4.5	4:49	3.4	11:05	0.9	10:38	0.7	6:31	5:52	
2	Tue	5:14	4.8	5:42	3.6	11:59	0.8	11:33	0.5	6:29	5:53	
3	Wed	6:04	5.0	6:30	3.9			12:44	0.5	6:28	5:54	
4	Thu	6:50	5.3	7:13	4.2	12:23	0.2	1:22	0.2	6:26	5:55	
5	Fri	7:32	5.5	7:54	4.6	1:09	-0.1	1:58	0.0	6:25	5:56	
6	Sat	8:13	5.7	8:33	5.0	1:53	-0.4	2:32	-0.3	6:23	5:57	
7	Sun	8:52	5.7	9:13	5.3	2:36	-0.6	3:07	-0.5	6:22	5:59	
8	Mon	9:32	5.6	9:53	5.5	3:18	-0.7	3:43	-0.6	6:20	6:00	
9	Tue	10:13	5.4	10:36	5.7	4:03	-0.7	4:23	-0.6	6:19	6:01	
10	Wed	10:57	5.1	11:23	5.7	4:51	-0.5	5:06	-0.5	6:17	6:02	
11	Thu	11:45	4.7			5:44	-0.3	5:54	-0.3	6:16	6:03	
12	Fri	12:14	5.7	12:38	4.4	6:43	0.0	6:47	-0.1	6:14	6:04	
13	Sat	1:12	5.6	1:40	4.0	7:47	0.2	7:47	0.2	6:13	6:05	
14	Sun	2:19	5.4	2:56	3.8	8:57	0.4	8:54	0.3	6:11	6:06	
15	Mon	3:36	5.4	4:17	3.9	10:12	0.4	10:07	0.3	6:10	6:07	
16	Tue	4:49	5.5	5:25	4.1	11:22	0.3	11:17	0.1	6:08	6:08	
17	Wed	5:52	5.7	6:23	4.5			12:22	0.1	6:06	6:09	
18	Thu	6:48	5.8	7:14	4.9	12:21	-0.1	1:13	-0.1	6:05	6:10	
19	Fri	7:38	5.8	8:00	5.2	1:17	-0.3	1:56	-0.3	6:03	6:11	
20	Sat	8:22	5.8	8:41	5.4	2:07	-0.5	2:35	-0.4	6:02	6:12	
21	Sun	9:02	5.6	9:19	5.5	2:51	-0.5	3:10	-0.3	6:00	6:13	
22	Mon	9:40	5.4	9:56	5.5	3:32	-0.4	3:45	-0.2	5:59	6:14	
23	Tue	10:17	5.1	10:32	5.5	4:12	-0.2	4:19	0.0	5:57	6:15	
24	Wed	10:54	4.7	11:10	5.3	4:53	0.1	4:55	0.2	5:55	6:15	
25	Thu	11:33	4.4	11:49	5.2	5:37	0.4	5:34	0.5	5:54	6:16	
26	Fri			12:15	4.1	6:23	0.7	6:16	0.7	5:52	6:17	
27	Sat	12:32	5.0	1:01	3.8	7:14	0.9	7:03	0.9	5:51	6:18	
28	Sun	1:22	4.8	1:55	3.6	8:09	1.1	7:56	1.1	5:49	6:19	
29	Mon	2:20	4.7	3:01	3.6	9:11	1.2	8:55	1.1	5:47	6:20	
30	Tue	3:27	4.7	4:08	3.7	10:13	1.2	9:57	1.0	5:46	6:21	
31	Wed	4:30	4.9	5:05	4.0	11:07	1.0	10:56	0.8	5:44	6:22	