

































## North Highlands Beach, NJ - Jan 2005

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	12:00	3.9	12:09	4.8	5:56	0.4	6:41	0.3	7:18	4:48	
2	Sun	12:44	4.0	12:52	4.5	6:47	0.5	7:23	0.2	7:18	4:49	
3	Mon	1:33	4.2	1:41	4.3	7:43	0.6	8:09	0.2	7:18	4:50	
4	Tue	2:27	4.4	2:37	4.0	8:43	0.6	9:00	0.1	7:18	4:50	
5	Wed	3:27	4.7	3:41	3.9	9:48	0.4	9:54	-0.1	7:18	4:51	
6	Thu	4:27	5.1	4:46	3.9	10:53	0.2	10:51	-0.3	7:18	4:52	
7	Fri	5:25	5.6	5:47	3.9	11:55	-0.1	11:48	-0.5	7:18	4:53	
8	Sat	6:21	6.0	6:47	4.1			12:55	-0.4	7:18	4:54	
9	Sun	7:17	6.3	7:45	4.3	12:45	-0.8	1:51	-0.7	7:18	4:55	
10	Mon	8:12	6.5	8:40	4.5	1:41	-1.0	2:44	-1.0	7:18	4:56	
11	Tue	9:06	6.6	9:34	4.6	2:35	-1.1	3:33	-1.1	7:18	4:57	
12	Wed	9:58	6.4	10:27	4.7	3:28	-1.1	4:23	-1.0	7:17	4:58	
13	Thu	10:50	6.1	11:21	4.8	4:23	-1.0	5:14	-0.9	7:17	4:59	
14	Fri	11:43	5.7			5:20	-0.7	6:05	-0.7	7:17	5:00	
15	Sat	12:15	4.8	12:35	5.2	6:21	-0.4	6:57	-0.5	7:16	5:01	
16	Sun	1:10	4.8	1:29	4.6	7:23	0.0	7:48	-0.3	7:16	5:02	
17	Mon	2:08	4.7	2:27	4.1	8:29	0.2	8:40	-0.1	7:16	5:03	
18	Tue	3:09	4.7	3:30	3.8	9:37	0.4	9:33	0.1	7:15	5:05	
19	Wed	4:11	4.7	4:32	3.6	10:44	0.5	10:27	0.2	7:15	5:06	
20	Thu	5:06	4.8	5:27	3.5	11:45	0.4	11:19	0.2	7:14	5:07	
21	Fri	5:55	4.9	6:17	3.5			12:39	0.3	7:14	5:08	
22	Sat	6:40	5.1	7:02	3.6	12:07	0.1	1:25	0.2	7:13	5:09	
23	Sun	7:22	5.2	7:44	3.7	12:53	0.0	2:05	0.1	7:12	5:10	
24	Mon	8:02	5.3	8:23	3.8	1:35	-0.1	2:40	0.0	7:12	5:11	
25	Tue	8:39	5.4	9:00	4.0	2:14	-0.2	3:11	-0.1	7:11	5:12	
26	Wed	9:14	5.4	9:36	4.1	2:51	-0.3	3:42	-0.1	7:10	5:14	
27	Thu	9:49	5.3	10:11	4.1	3:28	-0.3	4:13	-0.1	7:10	5:15	
28	Fri	10:24	5.1	10:48	4.2	4:05	-0.2	4:45	-0.1	7:09	5:16	
29	Sat	11:00	4.9	11:27	4.3	4:45	-0.1	5:20	-0.1	7:08	5:17	
30	Sun	11:37	4.7			5:30	0.0	5:59	-0.1	7:07	5:18	
31	Mon	12:08	4.5	12:18	4.4	6:19	0.2	6:41	-0.1	7:06	5:19	