

































## North Highlands Beach, NJ - Jan 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:35	5.9	7:02	4.1			1:13	-0.3	7:18	4:47	
2	Tue	7:28	6.0	7:55	4.1	12:52	-0.5	2:06	-0.4	7:18	4:48	
3	Wed	8:17	6.0	8:43	4.2	1:44	-0.6	2:52	-0.4	7:18	4:49	
4	Thu	9:03	5.9	9:28	4.2	2:32	-0.6	3:35	-0.4	7:18	4:50	
5	Fri	9:46	5.7	10:12	4.2	3:17	-0.5	4:16	-0.3	7:18	4:51	
6	Sat	10:27	5.5	10:54	4.2	4:01	-0.3	4:56	-0.2	7:18	4:52	
7	Sun	11:07	5.1	11:37	4.1	4:46	0.0	5:37	0.0	7:18	4:53	
8	Mon	11:47	4.8			5:33	0.2	6:18	0.1	7:18	4:54	
9	Tue	12:20	4.1	12:28	4.5	6:23	0.5	6:59	0.3	7:18	4:55	
10	Wed	1:04	4.1	1:11	4.1	7:14	0.7	7:40	0.4	7:18	4:56	
11	Thu	1:52	4.1	1:59	3.8	8:09	0.8	8:24	0.5	7:18	4:57	
12	Fri	2:45	4.2	2:55	3.5	9:08	0.9	9:11	0.5	7:18	4:58	
13	Sat	3:42	4.4	3:56	3.4	10:09	0.8	10:01	0.4	7:17	4:59	
14	Sun	4:37	4.6	4:55	3.4	11:09	0.7	10:52	0.3	7:17	5:00	
15	Mon	5:29	4.9	5:48	3.5			12:03	0.5	7:17	5:01	
16	Tue	6:17	5.3	6:38	3.6			12:53	0.2	7:16	5:02	
17	Wed	7:05	5.6	7:26	3.8	12:32	-0.2	1:38	-0.1	7:16	5:03	
18	Thu	7:51	5.8	8:12	4.1	1:20	-0.4	2:20	-0.4	7:15	5:04	
19	Fri	8:36	6.0	8:58	4.3	2:07	-0.7	3:01	-0.6	7:15	5:05	
20	Sat	9:20	6.1	9:43	4.6	2:54	-0.9	3:42	-0.8	7:14	5:06	
21	Sun	10:05	6.0	10:30	4.8	3:41	-0.9	4:25	-0.9	7:14	5:07	
22	Mon	10:52	5.7	11:20	4.9	4:31	-0.8	5:11	-0.9	7:13	5:08	
23	Tue	11:40	5.4			5:26	-0.7	5:59	-0.8	7:13	5:10	
24	Wed	12:11	5.1	12:32	4.9	6:25	-0.4	6:49	-0.6	7:12	5:11	
25	Thu	1:07	5.1	1:28	4.4	7:28	-0.2	7:42	-0.5	7:11	5:12	
26	Fri	2:07	5.1	2:32	4.0	8:35	0.1	8:39	-0.3	7:11	5:13	
27	Sat	3:16	5.1	3:45	3.7	9:49	0.2	9:41	-0.2	7:10	5:14	
28	Sun	4:26	5.2	4:56	3.6	11:03	0.2	10:44	-0.2	7:09	5:15	
29	Mon	5:29	5.4	5:58	3.7			12:09	0.1	7:08	5:17	
30	Tue	6:27	5.5	6:54	3.8			1:07	-0.1	7:08	5:18	
31	Wed	7:19	5.6	7:44	4.0	12:43	-0.3	1:56	-0.2	7:07	5:19	