

































North Highlands Beach, NJ - Mar 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:11	4.5	3:38	3.3	9:52	1.1	9:36	0.8	6:31	5:52	
2	Sun	4:16	4.6	4:43	3.4	10:54	0.9	10:36	0.7	6:29	5:53	
3	Mon	5:13	4.9	5:37	3.7	11:46	0.7	11:32	0.4	6:28	5:54	
4	Tue	6:03	5.1	6:25	4.1			12:31	0.4	6:26	5:55	
5	Wed	6:49	5.4	7:09	4.5	12:24	0.1	1:12	0.1	6:25	5:56	
6	Thu	7:33	5.6	7:51	5.0	1:12	-0.3	1:50	-0.3	6:23	5:58	
7	Fri	8:15	5.7	8:33	5.4	1:58	-0.6	2:28	-0.5	6:22	5:59	
8	Sat	8:56	5.7	9:15	5.7	2:43	-0.8	3:06	-0.7	6:20	6:00	
9	Sun	10:39	5.6	10:58	5.9	4:28	-0.8	4:45	-0.8	7:19	7:01	
10	Mon	11:24	5.3	11:45	6.0	5:16	-0.8	5:28	-0.7	7:17	7:02	
11	Tue			12:11	4.9	6:07	-0.5	6:15	-0.5	7:16	7:03	
12	Wed	12:36	5.9	1:04	4.5	7:04	-0.2	7:07	-0.3	7:14	7:04	
13	Thu	1:31	5.8	2:02	4.2	8:07	0.1	8:05	0.0	7:13	7:05	
14	Fri	2:34	5.6	3:11	3.9	9:15	0.3	9:10	0.2	7:11	7:06	
15	Sat	3:48	5.4	4:31	3.9	10:30	0.5	10:21	0.3	7:09	7:07	
16	Sun	5:06	5.3	5:45	4.1	11:44	0.4	11:34	0.3	7:08	7:08	
17	Mon	6:14	5.4	6:46	4.4			12:46	0.3	7:06	7:09	
18	Tue	7:12	5.5	7:39	4.7	12:41	0.1	1:39	0.1	7:05	7:10	
19	Wed	8:02	5.5	8:25	5.1	1:40	-0.1	2:24	-0.1	7:03	7:11	
20	Thu	8:47	5.5	9:06	5.3	2:31	-0.3	3:02	-0.2	7:02	7:12	
21	Fri	9:27	5.4	9:44	5.5	3:16	-0.3	3:37	-0.2	7:00	7:13	
22	Sat	10:03	5.2	10:20	5.6	3:56	-0.3	4:10	-0.2	6:58	7:14	
23	Sun	10:38	5.0	10:54	5.6	4:34	-0.2	4:42	-0.1	6:57	7:15	
24	Mon	11:12	4.8	11:30	5.5	5:12	0.0	5:15	0.1	6:55	7:16	
25	Tue	11:48	4.5			5:51	0.2	5:50	0.4	6:54	7:16	
26	Wed	12:07	5.4	12:26	4.2	6:33	0.5	6:28	0.6	6:52	7:17	
27	Thu	12:47	5.2	1:08	4.0	7:19	0.7	7:11	0.8	6:51	7:18	
28	Fri	1:32	5.0	1:54	3.7	8:09	1.0	7:59	1.0	6:49	7:19	
29	Sat	2:23	4.9	2:49	3.6	9:03	1.1	8:54	1.1	6:47	7:20	
30	Sun	3:22	4.8	3:54	3.6	10:02	1.2	9:55	1.1	6:46	7:21	
31	Mon	4:28	4.8	5:01	3.8	11:01	1.1	10:58	0.9	6:44	7:22	