
































North Highlands Beach, NJ - Jul 2008

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:34	4.7	8:03	6.9	1:42	0.1	1:29	-0.2	5:38	8:29	
2	Wed	8:34	4.8	9:00	7.0	2:41	-0.1	2:27	-0.3	5:38	8:29	
3	Thu	9:32	4.9	9:55	7.0	3:36	-0.3	3:23	-0.4	5:39	8:29	
4	Fri	10:27	5.1	10:48	6.8	4:27	-0.3	4:17	-0.3	5:39	8:29	
5	Sat	11:21	5.2	11:39	6.5	5:17	-0.3	5:11	-0.2	5:40	8:28	
6	Sun			12:13	5.2	6:07	-0.1	6:07	0.1	5:40	8:28	
7	Mon	12:30	6.1	1:05	5.3	6:56	0.0	7:05	0.4	5:41	8:28	
8	Tue	1:19	5.7	1:57	5.3	7:45	0.2	8:04	0.7	5:42	8:27	
9	Wed	2:08	5.2	2:48	5.2	8:33	0.4	9:03	1.0	5:42	8:27	
10	Thu	2:58	4.7	3:42	5.2	9:19	0.6	10:04	1.2	5:43	8:27	
11	Fri	3:53	4.4	4:37	5.3	10:07	0.8	11:06	1.2	5:44	8:26	
12	Sat	4:51	4.1	5:30	5.4	10:56	0.9			5:44	8:26	
13	Sun	5:47	4.0	6:19	5.5	12:05	1.2	11:44 AM	0.9	5:45	8:25	
14	Mon	6:38	4.0	7:05	5.6	1:00	1.1	12:32	0.9	5:46	8:25	
15	Tue	7:26	4.1	7:49	5.8	1:49	1.0	1:19	0.8	5:46	8:24	
16	Wed	8:12	4.2	8:32	6.0	2:33	0.9	2:04	0.7	5:47	8:24	
17	Thu	8:55	4.3	9:13	6.1	3:11	0.7	2:46	0.6	5:48	8:23	
18	Fri	9:36	4.5	9:52	6.1	3:46	0.6	3:26	0.5	5:49	8:22	
19	Sat	10:15	4.6	10:30	6.1	4:19	0.5	4:06	0.4	5:49	8:22	
20	Sun	10:53	4.8	11:08	6.0	4:52	0.4	4:46	0.4	5:50	8:21	
21	Mon	11:33	5.0	11:47	5.9	5:28	0.3	5:29	0.5	5:51	8:20	
22	Tue			12:14	5.2	6:06	0.3	6:16	0.6	5:52	8:20	
23	Wed	12:28	5.6	12:58	5.4	6:47	0.2	7:08	0.7	5:53	8:19	
24	Thu	1:12	5.4	1:45	5.6	7:31	0.2	8:04	0.8	5:54	8:18	
25	Fri	2:00	5.1	2:38	5.7	8:19	0.3	9:05	0.8	5:54	8:17	
26	Sat	2:55	4.8	3:38	5.9	9:12	0.3	10:10	0.9	5:55	8:16	
27	Sun	4:00	4.5	4:44	6.1	10:09	0.3	11:19	0.8	5:56	8:15	
28	Mon	5:12	4.4	5:51	6.3	11:11	0.3			5:57	8:15	
29	Tue	6:20	4.5	6:53	6.6	12:27	0.6	12:14	0.2	5:58	8:14	
30	Wed	7:24	4.7	7:53	6.8	1:31	0.4	1:17	0.0	5:59	8:13	
31	Thu	8:23	5.0	8:49	6.8	2:30	0.2	2:17	-0.1	6:00	8:12	