

































North Highlands Beach, NJ - Jan 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:30	5.0	11:57	4.2	5:13	0.2	5:53	0.0	7:18	4:48	
2	Fri			12:11	4.7	6:01	0.3	6:35	0.0	7:18	4:49	
3	Sat	12:42	4.4	12:56	4.4	6:55	0.4	7:21	0.0	7:18	4:50	
4	Sun	1:32	4.5	1:47	4.2	7:53	0.5	8:10	-0.1	7:18	4:50	
5	Mon	2:30	4.8	2:49	4.0	8:56	0.4	9:05	-0.2	7:18	4:51	
6	Tue	3:34	5.0	3:57	3.9	10:03	0.3	10:04	-0.3	7:18	4:52	
7	Wed	4:38	5.4	5:04	3.9	11:10	0.1	11:04	-0.5	7:18	4:53	
8	Thu	5:39	5.8	6:07	4.1			12:14	-0.3	7:18	4:54	
9	Fri	6:37	6.2	7:07	4.3	12:04	-0.7	1:13	-0.6	7:18	4:55	
10	Sat	7:34	6.4	8:04	4.5	1:02	-1.0	2:08	-0.9	7:18	4:56	
11	Sun	8:29	6.5	8:57	4.8	1:58	-1.2	2:58	-1.1	7:18	4:57	
12	Mon	9:20	6.5	9:49	4.9	2:52	-1.3	3:46	-1.1	7:17	4:58	
13	Tue	10:11	6.2	10:41	5.0	3:45	-1.2	4:34	-1.0	7:17	4:59	
14	Wed	11:01	5.8	11:32	5.0	4:38	-0.9	5:22	-0.8	7:17	5:00	
15	Thu	11:50	5.3			5:34	-0.6	6:11	-0.6	7:16	5:01	
16	Fri	12:24	4.9	12:40	4.8	6:33	-0.2	7:01	-0.4	7:16	5:02	
17	Sat	1:17	4.8	1:31	4.3	7:33	0.1	7:51	-0.1	7:16	5:03	
18	Sun	2:13	4.7	2:28	3.8	8:36	0.4	8:42	0.1	7:15	5:05	
19	Mon	3:13	4.6	3:31	3.5	9:43	0.6	9:36	0.3	7:15	5:06	
20	Tue	4:14	4.7	4:33	3.4	10:48	0.6	10:31	0.3	7:14	5:07	
21	Wed	5:08	4.8	5:28	3.4	11:47	0.5	11:23	0.3	7:14	5:08	
22	Thu	5:57	4.9	6:17	3.5			12:38	0.4	7:13	5:09	
23	Fri	6:42	5.1	7:02	3.6	12:12	0.2	1:23	0.2	7:12	5:10	
24	Sat	7:23	5.2	7:43	3.8	12:57	0.0	2:00	0.1	7:12	5:11	
25	Sun	8:03	5.4	8:21	4.0	1:38	-0.1	2:33	-0.1	7:11	5:12	
26	Mon	8:39	5.4	8:57	4.1	2:17	-0.3	3:04	-0.2	7:10	5:14	
27	Tue	9:15	5.4	9:33	4.3	2:54	-0.3	3:34	-0.3	7:10	5:15	
28	Wed	9:50	5.3	10:08	4.4	3:30	-0.3	4:06	-0.3	7:09	5:16	
29	Thu	10:25	5.1	10:46	4.6	4:09	-0.3	4:40	-0.3	7:08	5:17	
30	Fri	11:02	4.9	11:26	4.7	4:51	-0.2	5:17	-0.3	7:07	5:18	
31	Sat	11:42	4.6			5:38	0.0	5:59	-0.3	7:06	5:19	