

































North Highlands Beach, NJ - Mar 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:21	4.6	11:45	5.4	5:20	-0.2	5:29	-0.3	6:31	5:52	
2	Mon			12:08	4.3	6:13	0.0	6:18	-0.2	6:30	5:53	
3	Tue	12:37	5.4	1:03	4.0	7:12	0.2	7:13	0.0	6:28	5:54	
4	Wed	1:37	5.3	2:09	3.8	8:17	0.4	8:16	0.1	6:27	5:55	
5	Thu	2:49	5.3	3:28	3.8	9:29	0.4	9:25	0.1	6:25	5:56	
6	Fri	4:06	5.4	4:44	4.0	10:41	0.3	10:36	-0.1	6:24	5:57	
7	Sat	5:15	5.6	5:47	4.4	11:45	0.0	11:43	-0.3	6:22	5:58	
8	Sun	7:15	5.8	7:44	4.9			1:41	-0.3	7:21	6:59	
9	Mon	8:10	5.9	8:35	5.3	1:45	-0.6	2:31	-0.5	7:19	7:00	
10	Tue	8:59	5.9	9:22	5.6	2:40	-0.8	3:15	-0.7	7:18	7:01	
11	Wed	9:45	5.8	10:06	5.8	3:30	-0.9	3:56	-0.8	7:16	7:02	
12	Thu	10:28	5.6	10:49	5.9	4:17	-0.9	4:35	-0.7	7:15	7:03	
13	Fri	11:10	5.2	11:30	5.8	5:02	-0.7	5:14	-0.5	7:13	7:04	
14	Sat	11:51	4.8			5:47	-0.3	5:54	-0.2	7:11	7:05	
15	Sun	12:13	5.6	12:32	4.5	6:35	0.1	6:36	0.2	7:10	7:06	
16	Mon	12:56	5.3	1:16	4.1	7:25	0.4	7:22	0.5	7:08	7:07	
17	Tue	1:42	5.0	2:03	3.8	8:18	0.8	8:11	0.8	7:07	7:08	
18	Wed	2:33	4.8	2:59	3.6	9:15	1.0	9:06	1.0	7:05	7:09	
19	Thu	3:34	4.6	4:06	3.5	10:18	1.1	10:07	1.0	7:04	7:10	
20	Fri	4:40	4.6	5:13	3.6	11:21	1.1	11:09	1.0	7:02	7:11	
21	Sat	5:40	4.7	6:08	3.9			12:15	1.0	7:00	7:12	
22	Sun	6:31	4.9	6:55	4.2	12:07	0.8	1:00	0.7	6:59	7:13	
23	Mon	7:17	5.1	7:37	4.6	12:59	0.5	1:38	0.5	6:57	7:14	
24	Tue	7:59	5.2	8:17	5.0	1:45	0.3	2:14	0.2	6:56	7:15	
25	Wed	8:39	5.3	8:56	5.4	2:29	0.0	2:49	0.0	6:54	7:16	
26	Thu	9:18	5.3	9:34	5.7	3:10	-0.2	3:24	-0.2	6:53	7:17	
27	Fri	9:57	5.3	10:13	5.9	3:51	-0.4	3:59	-0.3	6:51	7:18	
28	Sat	10:37	5.1	10:54	6.1	4:32	-0.4	4:38	-0.4	6:49	7:19	
29	Sun	11:20	4.9	11:39	6.1	5:17	-0.3	5:19	-0.3	6:48	7:20	
30	Mon			12:07	4.7	6:06	-0.1	6:06	-0.1	6:46	7:21	
31	Tue	12:28	6.0	12:59	4.4	7:01	0.1	6:59	0.1	6:45	7:22	