
































North Highlands Beach, NJ - Jul 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:41	4.5	5:22	5.7	10:47	0.5	11:50	0.9	5:37	8:29	
2	Thu	5:41	4.3	6:15	5.8	11:39	0.6			5:38	8:29	
3	Fri	6:36	4.2	7:04	5.8	12:49	0.8	12:29	0.6	5:38	8:29	
4	Sat	7:26	4.2	7:49	5.9	1:43	0.8	1:17	0.6	5:39	8:29	
5	Sun	8:12	4.2	8:32	6.0	2:30	0.7	2:03	0.6	5:40	8:28	
6	Mon	8:55	4.3	9:12	6.0	3:11	0.6	2:46	0.6	5:40	8:28	
7	Tue	9:35	4.4	9:50	6.0	3:48	0.5	3:26	0.5	5:41	8:28	
8	Wed	10:13	4.5	10:27	6.0	4:21	0.5	4:04	0.5	5:41	8:28	
9	Thu	10:51	4.5	11:04	5.9	4:54	0.5	4:41	0.6	5:42	8:27	
10	Fri	11:28	4.6	11:40	5.7	5:28	0.5	5:20	0.7	5:43	8:27	
11	Sat			12:06	4.7	6:03	0.5	6:02	0.8	5:43	8:26	
12	Sun	12:18	5.5	12:46	4.9	6:39	0.5	6:48	0.9	5:44	8:26	
13	Mon	12:56	5.3	1:27	5.0	7:18	0.5	7:37	1.0	5:45	8:25	
14	Tue	1:37	5.0	2:12	5.2	7:59	0.5	8:30	1.1	5:45	8:25	
15	Wed	2:23	4.7	3:02	5.4	8:44	0.5	9:28	1.1	5:46	8:24	
16	Thu	3:16	4.5	4:00	5.6	9:34	0.5	10:31	1.0	5:47	8:24	
17	Fri	4:19	4.4	5:02	5.9	10:29	0.4	11:36	0.9	5:48	8:23	
18	Sat	5:27	4.4	6:04	6.2	11:29	0.3			5:49	8:23	
19	Sun	6:31	4.5	7:04	6.6	12:40	0.6	12:29	0.1	5:49	8:22	
20	Mon	7:33	4.7	8:02	6.8	1:41	0.3	1:29	-0.1	5:50	8:21	
21	Tue	8:33	5.0	8:59	7.0	2:38	0.0	2:28	-0.4	5:51	8:21	
22	Wed	9:29	5.3	9:53	7.0	3:30	-0.3	3:25	-0.5	5:52	8:20	
23	Thu	10:23	5.6	10:45	6.9	4:19	-0.4	4:19	-0.5	5:53	8:19	
24	Fri	11:16	5.8	11:36	6.6	5:07	-0.4	5:14	-0.4	5:53	8:18	
25	Sat			12:09	5.9	5:56	-0.3	6:10	-0.1	5:54	8:17	
26	Sun	12:27	6.2	1:02	5.9	6:45	-0.2	7:10	0.2	5:55	8:17	
27	Mon	1:19	5.7	1:55	5.9	7:35	0.1	8:11	0.6	5:56	8:16	
28	Tue	2:10	5.1	2:49	5.8	8:26	0.3	9:13	0.9	5:57	8:15	
29	Wed	3:06	4.7	3:48	5.7	9:17	0.6	10:18	1.1	5:58	8:14	
30	Thu	4:07	4.3	4:49	5.6	10:11	0.8	11:24	1.2	5:59	8:13	
31	Fri	5:11	4.2	5:46	5.6	11:07	0.9			5:59	8:12	