
































North Highlands Beach, NJ - Aug 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:08	4.1	6:37	5.7	12:24	1.2	12:01	1.0	6:00	8:11	
2	Sun	7:00	4.2	7:23	5.8	1:18	1.1	12:52	0.9	6:01	8:10	
3	Mon	7:46	4.3	8:07	5.9	2:05	1.0	1:40	0.8	6:02	8:09	
4	Tue	8:29	4.5	8:47	6.0	2:45	0.8	2:24	0.7	6:03	8:08	
5	Wed	9:08	4.7	9:25	6.0	3:20	0.7	3:04	0.6	6:04	8:07	
6	Thu	9:45	4.9	10:01	6.0	3:51	0.6	3:42	0.6	6:05	8:05	
7	Fri	10:21	5.0	10:36	5.9	4:22	0.5	4:19	0.6	6:06	8:04	
8	Sat	10:57	5.2	11:11	5.7	4:52	0.5	4:57	0.6	6:07	8:03	
9	Sun	11:33	5.3	11:47	5.5	5:25	0.5	5:37	0.7	6:08	8:02	
10	Mon			12:11	5.4	6:00	0.5	6:21	0.8	6:08	8:01	
11	Tue	12:26	5.3	12:53	5.6	6:38	0.5	7:10	1.0	6:09	8:00	
12	Wed	1:07	5.0	1:38	5.7	7:22	0.6	8:04	1.1	6:10	7:58	
13	Thu	1:54	4.8	2:30	5.8	8:10	0.6	9:03	1.1	6:11	7:57	
14	Fri	2:49	4.5	3:31	5.9	9:04	0.6	10:08	1.1	6:12	7:56	
15	Sat	3:57	4.4	4:40	6.1	10:04	0.6	11:17	1.0	6:13	7:54	
16	Sun	5:10	4.5	5:47	6.3	11:09	0.5			6:14	7:53	
17	Mon	6:18	4.7	6:50	6.6	12:22	0.8	12:14	0.3	6:15	7:52	
18	Tue	7:20	5.1	7:48	6.8	1:23	0.4	1:17	0.0	6:16	7:50	
19	Wed	8:18	5.5	8:43	6.9	2:18	0.1	2:17	-0.2	6:17	7:49	
20	Thu	9:12	5.9	9:35	6.9	3:09	-0.1	3:13	-0.4	6:18	7:48	
21	Fri	10:02	6.2	10:25	6.7	3:55	-0.3	4:06	-0.4	6:18	7:46	
22	Sat	10:52	6.4	11:13	6.4	4:39	-0.3	4:58	-0.2	6:19	7:45	
23	Sun	11:41	6.4			5:24	-0.1	5:51	0.1	6:20	7:43	
24	Mon	12:01	5.9	12:30	6.3	6:10	0.1	6:46	0.4	6:21	7:42	
25	Tue	12:49	5.4	1:20	6.1	6:58	0.4	7:44	0.8	6:22	7:40	
26	Wed	1:39	5.0	2:12	5.9	7:47	0.7	8:43	1.1	6:23	7:39	
27	Thu	2:32	4.6	3:08	5.7	8:39	1.0	9:46	1.4	6:24	7:38	
28	Fri	3:31	4.3	4:09	5.6	9:35	1.2	10:52	1.5	6:25	7:36	
29	Sat	4:37	4.2	5:11	5.5	10:33	1.4	11:53	1.5	6:26	7:35	
30	Sun	5:39	4.2	6:05	5.6	11:32	1.3			6:27	7:33	
31	Mon	6:30	4.4	6:52	5.7	12:45	1.4	12:26	1.2	6:28	7:31	