
































## North Highlands Beach, NJ - Sep 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:16	4.6	7:36	5.9	1:30	1.2	1:14	1.1	6:28	7:30	
2	Wed	7:57	4.9	8:16	6.0	2:08	1.1	1:59	0.9	6:29	7:28	
3	Thu	8:36	5.2	8:54	6.0	2:42	0.9	2:40	0.7	6:30	7:27	
4	Fri	9:13	5.4	9:31	6.0	3:13	0.7	3:18	0.6	6:31	7:25	
5	Sat	9:48	5.6	10:06	5.9	3:44	0.6	3:56	0.6	6:32	7:24	
6	Sun	10:24	5.8	10:42	5.7	4:15	0.5	4:34	0.6	6:33	7:22	
7	Mon	11:00	6.0	11:19	5.5	4:48	0.5	5:14	0.7	6:34	7:21	
8	Tue	11:40	6.1			5:24	0.5	5:59	0.8	6:35	7:19	
9	Wed	12:00	5.2	12:24	6.1	6:05	0.6	6:49	0.9	6:36	7:17	
10	Thu	12:45	5.0	1:13	6.1	6:51	0.7	7:45	1.1	6:36	7:16	
11	Fri	1:36	4.7	2:08	6.1	7:44	0.8	8:47	1.2	6:37	7:14	
12	Sat	2:36	4.6	3:13	6.1	8:44	0.9	9:54	1.2	6:38	7:13	
13	Sun	3:48	4.5	4:25	6.1	9:49	0.9	11:02	1.1	6:39	7:11	
14	Mon	5:04	4.7	5:35	6.3	10:58	0.7			6:40	7:09	
15	Tue	6:10	5.1	6:37	6.5	12:06	0.8	12:06	0.5	6:41	7:08	
16	Wed	7:08	5.6	7:33	6.6	1:03	0.5	1:09	0.2	6:42	7:06	
17	Thu	8:02	6.0	8:26	6.6	1:55	0.2	2:08	0.0	6:43	7:05	
18	Fri	8:52	6.4	9:16	6.5	2:43	0.0	3:02	-0.2	6:44	7:03	
19	Sat	9:40	6.7	10:02	6.3	3:27	-0.1	3:52	-0.2	6:45	7:01	
20	Sun	10:26	6.8	10:48	6.0	4:09	-0.1	4:41	0.0	6:45	7:00	
21	Mon	11:11	6.7	11:33	5.6	4:51	0.1	5:29	0.3	6:46	6:58	
22	Tue	11:57	6.5			5:34	0.4	6:20	0.6	6:47	6:56	
23	Wed	12:19	5.2	12:44	6.2	6:19	0.7	7:13	1.0	6:48	6:55	
24	Thu	1:07	4.8	1:33	5.9	7:08	1.1	8:10	1.3	6:49	6:53	
25	Fri	1:58	4.5	2:26	5.7	8:00	1.3	9:09	1.5	6:50	6:52	
26	Sat	2:54	4.3	3:24	5.5	8:57	1.5	10:11	1.6	6:51	6:50	
27	Sun	3:59	4.3	4:27	5.4	9:57	1.6	11:10	1.6	6:52	6:48	
28	Mon	5:02	4.4	5:24	5.5	10:58	1.6			6:53	6:47	
29	Tue	5:55	4.6	6:14	5.6	12:01	1.5	11:54 AM	1.4	6:54	6:45	
30	Wed	6:40	4.9	6:58	5.7	12:43	1.3	12:44	1.2	6:55	6:44	