

































North Highlands Beach, NJ - Dec 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:17	6.3	7:42	4.6	12:52	-0.2	1:50	-0.1	7:00	4:37	
2	Wed	8:05	6.5	8:32	4.7	1:39	-0.4	2:38	-0.3	7:00	4:37	
3	Thu	8:54	6.6	9:23	4.7	2:27	-0.5	3:25	-0.4	7:01	4:37	
4	Fri	9:44	6.6	10:16	4.7	3:16	-0.5	4:15	-0.4	7:02	4:37	
5	Sat	10:37	6.5	11:12	4.7	4:07	-0.5	5:08	-0.3	7:03	4:37	
6	Sun	11:32	6.2			5:04	-0.3	6:04	-0.2	7:04	4:37	
7	Mon	12:10	4.7	12:29	5.8	6:06	-0.1	7:01	-0.2	7:05	4:37	
8	Tue	1:11	4.8	1:29	5.4	7:12	0.1	7:58	-0.1	7:06	4:37	
9	Wed	2:14	4.9	2:33	5.0	8:20	0.3	8:55	0.0	7:07	4:37	
10	Thu	3:20	5.1	3:40	4.7	9:31	0.3	9:51	0.0	7:08	4:37	
11	Fri	4:22	5.4	4:42	4.5	10:39	0.3	10:45	0.0	7:08	4:37	
12	Sat	5:17	5.6	5:39	4.3	11:42	0.2	11:37	-0.1	7:09	4:37	
13	Sun	6:08	5.8	6:30	4.2			12:39	0.1	7:10	4:38	
14	Mon	6:55	5.9	7:18	4.2	12:25	-0.1	1:29	0.0	7:11	4:38	
15	Tue	7:39	5.9	8:02	4.2	1:11	-0.1	2:14	-0.1	7:11	4:38	
16	Wed	8:20	5.9	8:42	4.2	1:54	-0.1	2:53	-0.1	7:12	4:38	
17	Thu	8:59	5.8	9:21	4.1	2:34	-0.1	3:30	0.0	7:13	4:39	
18	Fri	9:37	5.7	9:59	4.1	3:12	0.0	4:06	0.0	7:13	4:39	
19	Sat	10:14	5.5	10:38	4.1	3:51	0.1	4:43	0.1	7:14	4:39	
20	Sun	10:53	5.3	11:19	4.0	4:30	0.3	5:22	0.2	7:14	4:40	
21	Mon	11:32	5.1			5:13	0.4	6:01	0.3	7:15	4:40	
22	Tue	12:00	4.0	12:13	4.8	6:00	0.6	6:42	0.4	7:15	4:41	
23	Wed	12:44	4.1	12:55	4.5	6:50	0.7	7:23	0.4	7:16	4:41	
24	Thu	1:30	4.2	1:42	4.2	7:43	0.8	8:07	0.4	7:16	4:42	
25	Fri	2:22	4.4	2:35	4.0	8:40	0.8	8:54	0.3	7:16	4:43	
26	Sat	3:18	4.6	3:35	3.9	9:41	0.8	9:45	0.2	7:17	4:43	
27	Sun	4:16	4.9	4:35	3.8	10:42	0.6	10:38	0.0	7:17	4:44	
28	Mon	5:10	5.3	5:32	3.9	11:41	0.3	11:31	-0.3	7:17	4:45	
29	Tue	6:03	5.7	6:28	4.1			12:37	-0.1	7:18	4:45	
30	Wed	6:56	6.1	7:23	4.2	12:25	-0.5	1:31	-0.4	7:18	4:46	
31	Thu	7:49	6.3	8:18	4.6	1:19	-0.8	2:22	-0.7	7:18	4:47	